

WEDNESDAY, January 22, 2020

**TODAY'S ACTIVITIES (as time allows)**

- For this week's activity, we will review the checklist regarding Course Requests for Sophomore year
- They received all of this information in an email yesterday. BUT we have a few points we want to make sure are communicated to our students:
  - If you have any students who missed last week's presentation, please ask them to visit [bit.do/2023plan](http://bit.do/2023plan) in order to get started.
    - They can use their classmates/peers as a resource or come see Mrs. Gunion, Ms. Meza, or Mr. Pross in ExL for assistance.
  - PLEASE NOTE: How early you submit the course request form has NOTHING to do with your priority for one-on-one meetings. Additionally, the date of your meeting has NOTHING to do with your priority of enrolling in classes for next year.
  - Mrs. Gunion and Ms. Meza will be checking in intermittently to the ExL building to provide guidance and answer any questions. If you are unable to wait until that time or do not have ExL in your schedule, please email us your actual questions and we will get back to you ASAP!

**CLASS OF 2023 COURSE REQUEST CHECKLIST**

**\_\_\_\_\_ Complete your 4-year plan**

- Remember that this is a living document, meaning that it will most likely be updated and adapted to your needs and interest during your time here at Helix. This document is for your reference, and it should be kept safely in your Google Drive folder for your access as well for your Sophomore Interview next year.
- \*Tip: Use the [course catalog](#) to read about course descriptions, prerequisites, and A-G requirements!

**\_\_\_\_\_ Remind your parent/guardian about the Course Request Presentation on Thursday 2/6/2020 @ 6 pm**

- Parents/Guardians can view a presentation quite similar to [our student presentation](#) on Thursday 2/6/2020 in Room 1600 at 6 pm. We encourage families to discuss these decisions prior to finalizing any choices for next year to ensure that everyone is on the same page. This upcoming presentation is an opportunity to get more information for those unanswered questions your family may have prior to submitting your course request form!

----- **Complete and Submit your Course Request Form for next year by February 9, 2020**

- Once you have solidified your choices for next year, you will submit the classes you would like to take for 10th GRADE ONLY. You can access the Course Request Google Form [HERE](#) or on the bottom of your 4-year plan document.

----- **Be ready for your one-on-one meeting in February**

- Mrs. Gunion and Ms. Meza will be visiting classrooms and meeting with everyone from the Class of 2023 in one-on-one course request meetings. In order to meet with us, you will need to have your Course Request form submitted (by Feb 9th) and you must be ready to review your 4-year plan. If these things are not completed, you will be moved to the bottom of our meeting list!

----- **In the meantime, don't forget placement testing!**

- Make sure that you are following through on placement tests if needed!
  - - Honors Bio: 2/18 & 2/19 in Room 1810 @ 7:50 am
  - Foreign Language (LOTE): Dates TBD in Helix First tutorial

**ANNOUNCEMENTS:**

- **REMINDERS:**

- If you are a BSU member, don't forget to head to Room 150 today at lunch for the yearbook picture!
- Did you miss Coach Ted's Talk's! this morning? Check it out on Monday, Wednesday and Friday mornings at 7:15 am in Room 710. IMU!
- Outdoor Art Club meets Wednesdays at lunch in room 1310
- There is yoga after school every Friday from 3:15-4:15 in the fitness room. Mats will be provided.
- Robotics is on Mondays and Thursdays from 3-5 in Room 470
- During the month of February there will be an after school tennis Aspire program every Thursday

- **UPCOMING EVENTS:**

- On Thursday February 13, there will be the Annual Black College day. The purpose of the event is to encourage High School students to pursue higher education. We will have workshops led by our students that will shed light on the experience of a black undergraduate student and tips on self-care, time management, etc.. There will be a flyer soon with more information.
- GO Aspire's next adventure will be Capture the Flag on January 29th! Details to follow.

