

WEDNESDAY, SEPTEMBER 25, 2019

TODAY'S ACTIVITIES:

- Today we focus on finding ambition and motivation as we near the end of Fall Semester 1
- Lessons can be taught in a format that best fits your advisory class... circles, pair shares, journaling, etc.

Theme: Wednesday Gets Ambitious

Lesson Title: This Week... Plan your Plan

Lesson: Have you ever sat down and truly made a plan for your own life? Have you set your goals for the next five years, one year, month, or even next week? We have all heard the saying "People don't plan to fail; they fail to plan," but how many of us have actually taken it to heart? Do we just float through our routines and life instead? Being ambitious is a great place to start, but without a plan, we will never achieve our goals or mission.

So this week, it's time to PLAN YOUR PLAN. Plans come in all shapes and sizes, but they always start with a goal. Maybe it is earning higher grades or joining a sports team on campus. Maybe it is a goal to improve your health or develop stronger friendships. Through goals, we can work backwards and develop a step-by-step plan to achieve them. We might even discover some potential pitfalls as we get a better understanding of what our goal is going to take to achieve. And let's remember that we already subject ourselves to enough performance pressure, so let's make this a healthy and successful experience. Planning your plan matters.

Activity:

Think of a time when you set a goal for yourself, created a plan, and then made it happen. What a rush! What do you think you did differently for this plan that made it successful?

ANNOUNCEMENTS:

- **REMINDERS:**
 - Are you planning to attend the Happiest Homecoming on Earth? Tickets are on sale now in the Finance Office; \$15 w/ASB card, \$35 w/o ASB card (ticket purchase includes an ASB card for the rest of the school year). All students attending the dance must complete a Clearance Slip before buying their ticket. Clearance Slips can be found at the Attendance Office.
- **UPCOMING EVENTS:**
 - Got Plans? Don't miss our Career/College Fair for 9th-12th grade students and their parents. It's on SATURDAY, October 12th, from 9:00am to 12:00 pm at Grossmont College. This is our BIGGEST career and college event, and it's for students preparing to go directly into the workforce, military, career/technical school, or 2 and 4 year colleges/universities. You can choose from many workshops to help you prepare for life after high school. Students

from the entire district will be there... but what's most important - will YOU be there?

- **COMMUNITY SERVICE OPPORTUNITIES:**

- Please show students this document highlighting [Fall festival volunteer opportunities](#). I will also email it out to all of our students so that they can easily access the links.