



BE A PART OF OUR FAMILY!

Give Back, Feel Good, Get Service Hours.

Bannister Family House, a home away from home for families with a loved one in the hospital at UC San Diego Health, needs your helping hands.

- **Host a Meal**
- **Host an Experience**
- **Plan a canned food drive**
- **Volunteer at the house**
- **Like us on Facebook**

Want to learn more? Visit our website at health.ucsd.edu/bannister, visit our Facebook page, email us at bannisterfamilyhouse@ucsd.edu or call 619.543.7977.



Bannister Family House
"A haven of hope and comfort"

Volunteer Reservation Form

Whether hosting a meal or planning a relaxing and energizing activity at Bannister Family House, there are many ways to give back to our families and help brighten their day. Thank you for volunteering!

Frequently Asked Questions

If I am interested in hosting a meal, what should I cook? Whatever you like! Some ideas to consider: Chili, Baked Potato Bar, Taco/Fajita Bar, Pancake & Waffle Breakfast... or your favorite family recipe! Our kitchen has pots, pans, knives, etc. for cooking and plates, cups & utensils. If you prefer to bring your own equipment and paper plates, you're welcome to.

What time are meals served? Breakfast is 8 a.m., lunch is at noon and dinner is at 6 p.m. Please note that guests eat on a flow basis, not all at one time.

What types of activities can I plan if I want to host an activity or experience? Why not host a bingo night, plant an herb garden or get creative with an arts and crafts activity. The sky is the limit, so please contact us if you have an idea.

When should I arrive? Arrive with enough time to prepare your meal if cooking at the house, or to prepare your activity.

Does Bannister Family House accept food donations? Yes, canned food items for our pantry are appreciated.

Do we clean up? Yes, please! Whether hosting a meal or an experience, we're required by law to hand wash AND have all items washed in the sanitizing machine. Wipe down counters and dining room tables. Please store leftovers in large plastic storage containers provided.

How many guests are we feeding or engaging with our activity? 20-25 people PLUS yourselves! We encourage you to eat or interact with the guests as much as possible!

Where do we park? Parking is limited at the House so carpooling is encouraged. There will be one reserved space for your group in front of the House. Additional parking at the Arbor Street Parking Structure is available a few blocks away for a small fee.

PLEASE RETURN COMPLETED FORM TO BANNISTER FAMILY HOUSE. YOUR DATE WILL BE CONFIRMED VIA EMAIL.

Desired Dates: (Please provide 2 or 3 options) _____

Name of Group/Individual: _____ # of Volunteers _____ (8-10 is best)

Contact Name: _____ Phone: _____

Contact Address: _____ Email: _____

Proposed Menu/Activity _____

Please let us know your activity or what you plan to cook so that we may avoid duplication

Contact Us

Phone 619-543-7977 | Fax 619-543-7937 | E-mail bannisterfamilyhouse@ucsd.edu