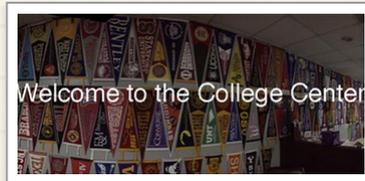


Parent/Guardian Newsletter

ISSUE 12

WELCOME BACK!!

We hope you had a great summer break and are ready for your students Sophomore year. Can you believe they are in their second year of High School? WOW!! Time is flying by. We have a lot going on this year, so stay tuned!



IME BECAS-CIEN AMIGOS SCHOLARSHIP

The Consulate General of Mexico in Sacramento, with the support of the Institute for Mexicans Abroad (IME), the Cien Amigos Advocacy Group and the Mexican Cultural Center of Northern California are pleased to announce the Cien Amigos – IME Becas 2019 to encourage the educational success of Mexican-origin and Latino students in California.

The Cien Amigos-IME Scholarship Committee will accept applications for 2019 College and University Scholarships and High School Grants beginning July 5, 2019. Deadline of applications is August 16, 2019.

To apply please click [HERE](#)

For more information on their program please click [HERE](#)

COLLEGE CENTER

Welcome to the College Center!

We are located in
Room 180

- The College Center will be closed on Monday, 8/12 until after school hours
- Tuesday, 8/13 the college center will be open during tutorial and then closed until after school hours
- Dual/Concurrent Enrollment students needing assistance may also come in between 12:45 - 3:45 to see Ms. Holechek only. (Not Monday or Tuesday next week)
- Club College begins next week: Wednesdays 3:30 - 6:30 in Room 1600 (ExL)
All students are welcome

STUDENT Drop Ins Welcome before school, tutorials, at break, or lunch.

The college center is CLOSED during periods 1 - 4 except by pre-scheduled student appointment.

The purpose of the College Access Counselor is to provide support to the Grade Level Teams and create and run programs that will assist all HCHS students interested in pursuing college.

The college center is a place for students to receive

ATTENDANCE MATTERS!

Highlanders - Helix has a very strong reputation for excellence in attendance. Students arrive on time, attend classes and avoid missing school. As a result - students continue to obtain incredible academic results. Start the school year off right by committing to positive attendance.

Students with perfect attendance will be rewarded throughout the year. (For example - all students with perfect attendance August 7-17 receive a lunchtime reward on the 20th!)

additional support in achieving
their college goals.

COMMUNITY SERVICE OPPORTUNITY WITH SOSL

Support and Outreach with Survivors of Suicide Loss (SOSL) in San Diego will need students to volunteer their time for the Walk in Remembrance with Hope. This year their walk is scheduled for Sunday September 8, 2019. To sign up, please email: michele@soslsd.org and include your name and email address.



SURVIVORS OF SUICIDE LOSS

Survivors of Suicide Loss (SOSL) reaches out to and supports people who have lost a loved one to suicide. Our goal is to give survivors a place where they can be comfortable expressing themselves, a place to find support, comfort, resources and hope in a judgment-free environment

📍 PO Box 3297 La Mesa, CA 919... ✉ info@soslsd.org
☎ 619-752-4055 🌐 soslsd.org/

CANVAS OBSERVER ACCOUNT

Keeping track of your students grades is important for their success. Many parents were able to create a parent observer account successfully this past year, but now...there are TWO students at Helix! No fear, we have an easy tutorial link below that will walk you through that process as well.

If you are new to the Helix Community-Welcome! Please view [this short informational video](#) to create a Canvas Parent Observer account. Your students success begins with you!

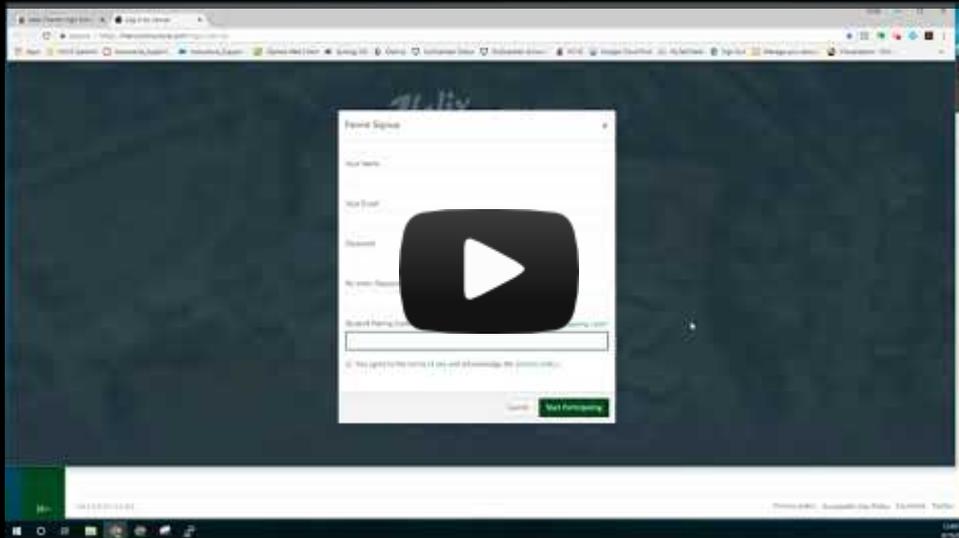
It's never too early to start checking your students grades!

🌐 How do I link a student to my us...

community.canvaslms.com

If you signed up for a Canvas account as a parent, you can add students to observe within the same institution. Additionally, if an institution created an

Helix Parent Observer Accounts



CHROMEBOOK INSURANCE

Parents/Guardians -

Last year there were 308 chromebooks broken throughout the year between all 2400 students. 77 of those were under warranty and fully repaired and/or replaced.. If you are interested in obtaining insurance for your students chromebook - please visit [this link](#) and use the code HCHS to purchase.

For more information regarding Trinity Chromebook Insurance please visit [the link](#)

SOPHOMORE INTERVIEW

Save the date!! Our sophomore class will be starting the sophomore interview process in the next couple of weeks. All sophomores will participate in the sophomore interview on February 26th . For more detailed information on what to expect, as well as their weekly activities, please visit the following [link](#).



 [HCHS Sophomore Interview](#)

sites.google.com

ASB FINANCE OFFICE HOURS

IMPORTANT REMINDERS:

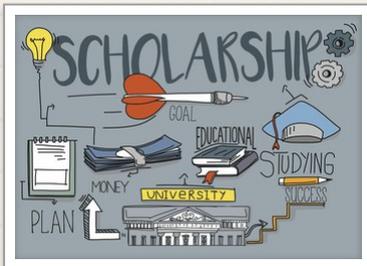
- Students **MUST** have a current year student ID card or temporary ID from the library in order to do any business at the Finance Office.
- The Finance Office does not accept personal checks for purchases and payments. (Cash, debit or credit card only). Due to the cost of processing, all charges must be a **minimum of \$10** at the Finance Office window.
- Please see the Athletics section of the Helix website and click on the link for Athletic Clearance to fill out and print all 3 forms required for Athletic Clearance.

Office Hours attached below.



OFFICE HOURS.doc

[Download](#)
25.1 KB



SCHOLARSHIPS

It's NEVER too early to start applying for scholarships. Here are a few sources for you and your student to start researching.

[The Good Call Scholarship page](#), as well as [BigFuture Scholarship](#) and [FastWeb](#) are great sources for students to search for scholarships. With it being the beginning of the school year there are not very many at this time, but please continue to encourage your student to visit their page.

COFFEE TALKS

The HCHS Student Support Department would like to welcome Parents/Guardians to sit and talk with us on topics that are relevant to High School Students.

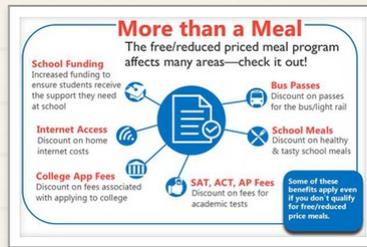
All parents/guardians are welcome to attend and enjoy a warm cup of coffee. One of the biggest benefits from attending these talks is that parents/guardians can see that they are not alone through their child's school years.

For more information on dates and topics please view the flyer below.



Coffee Talks Flyer.pdf

[Download](#)
85.5 KB



EZ SCHOOL PAY

Welcome to EZSchoolPay.com, the easy, convenient and secure way to pay for school meals and other school fees.

Easy

Simply register and you're ready to go. Already a member? Just sign in!

Convenient

Available anywhere, anytime you have a computer with internet access. Avoid lost checks and trips to school by paying online. We accept payments for school meals and other school fees (as determined by your child's school).

Secure

We take extra caution to be sure your experience with EZSchoolPay is safe. Plus, we never sell, share, or trade our customers' private information.

FAQs

Have a question about using the site? Download our Frequently Asked Questions in [English](#) or [Spanish](#).

THE ONLINE MEAL APPLICATION IS NOW OPEN!

Go online to apply for our Breakfast and Lunch Program. Your student can qualify for additional free programs at school such as; FREE College Applications, FREE SAT/ACT, and many more!

[Apply TODAY!](#)

WHY ARE TEENAGERS SO SLEEP-DEPRIVED? A PERFECT STORM OF BIOLOGY, TECHNOLOGY AND HOMEWORK

For a lot of teenagers, being back in school means going back to being sleep deprived. And more than a few parents will be hearing stories about a son or daughter falling asleep in math class. Lack of sleep has become a serious problem for teenagers — it not only undermines academic performance but makes them moody, short-tempered and impulsive.

This week on [childmind.org](#) we take a look at why it's so difficult for adolescents to get the sleep they need and how sleep deprivation affects their personality and functioning. And we look at what parents can do to influence high schoolers to put down the laptop (and the cell phone!) earlier, to enable them to be their best selves the next day.

BACK TO SCHOOL NIGHT

As our new term gets underway we invite you to visit the first term classes of your student on Thursday evening, August 22, 2019.



This is your opportunity to meet your student's new teachers and to acquaint yourselves with the instructional programs at Helix Charter High School.

For more detailed information please view the PDF below.

Hope to see you all there!



Back to School Night Fall 2019_2020.pdf

[Download](#)
183.7 KB



PARENT/GUARDIAN SHADOW DAY

Helix Charter High School Administration, Staff, and The Associated Student Body cordially invite you to attend the twenty fourth Parent/Guardian Shadow Day on Wednesday August 28, 2019.

For more detailed information please view the PDF below.

Hope to see you all there!



Parent_Guardian Shadow Day Fall 2019_2020.pdf

[Download](#)
132.4 KB

HELIX FAMILY FIRST EVENTS

August 2019

8th-College 101/Apps Academy Family Info Night at 6:00pm in Room 1600

15th-**Technology Workshop** at 6:00pm in Room 1600

22nd- Back to School Night

29th-Applicaition Timeline (senior parents) at 6:00pm in Room 1600

29th-John Moffat - Cyber Safety at 6:00pm in the PAC (Performing Arts Center)



