

WEDNESDAY, NOVEMBER 20, 2019

TODAY'S ACTIVITIES:

● SOPHOMORE INTERVIEW - NAVIANCE STRENGTHS EXPLORER

○ LESSON OBJECTIVES:

- This week students will be completing the *Naviance Strengths Explorer*
- Students can find the [link to Naviance](#) under the "Students" tab on the Helix Website
- Students will use their Helix user ID and password to log in
- Once in Naviance
 - Click on "About Me" in the top right corner
 - Then click on "My Assessments"
 - You will find the "Strengths Explorer" there, click on it and then begin the assessment
- IMPORTANT ITEMS TO NOTE:
 1. Students will answer 78 short questions.
 2. **YOU CAN ONLY TAKE THIS ONCE!** (We **CANNOT** reset this for you)
 3. You **CANNOT** go back and change your answers as you progress.
 4. Your answers are automatically saved, but we recommend finishing it in one sitting.
- We would like students to complete during today's Advisory, if not completed during Advisory it should be completed before the next Advisory class.

REMINDERS

● NEW HELIX AFTER-SCHOOL DINNER PROGRAM

○ Special THANK YOU to Chef George Lepre, Helix Cafe; Kevin Osborn, Helix Executive Director; & Mr. Scimone, Helix will have an after-school dinner program from 3:00pm-5:00pm, that is FREE TO ALL!!!

○ Go see the AMAZING Helix Cafe Staff & they will take great care of you! Please do not go home hungry. Don't go to play sports hungry. Don't go to your clubs hungry.

○ [DECEMBER 2019 MENU](#)

● [SAT/ACT PREP COURSE](#)

○ Wednesday's from 6pm-7:30pm in Room 1300. Please bring your chromebook!

● [APPLICATIONS NOW OPEN FOR RADY CHILDREN'S SUMMER MEDICAL ACADEMY PROGRAM!](#)

○ Applications are available online for the Summer Medical Academy: Learning, Doing, Sharing!

○ To learn more & download the enrollment form/application, visit the [SD Health Scholars website](#).

○ For questions or more information, contact Alexandra Ayala, Lead Coordinator at 858-576-1700 ext 243784.

● [FALL SEMESTER 2 FINALS THURSDAY, 12/19/19 & FRIDAY, 12/20/19](#)

○ SAVE THE DATE for Fall Semester 2 Finals on Thursday, 12/19/19 and Friday, 12/20/19.

○ [CLICK HERE](#) for the Adjusted Bell Schedule.

● [WINTER BREAK 2019 & SPRING SEMESTER I 2020](#)

○ Winter break is Monday, 12/23/19 - Tuesday, 1/7/20.

○ First Day of Spring Semester I Classes - Wednesday, 1/8/20

COMMUNITY SERVICE OPPORTUNITIES

● [BANNISTER FAMILY HOUSE AT UC SAN DIEGO HEALTH HOSPITAL](#)

○ The Bannister Family House is a home away from home that provides an affordable haven of hope and comfort for the families

of loved ones in critical or long-term care at UC San Diego Health (think UCSD's version of the Ronald McDonald House).

○ They are looking for student volunteers who can help host meals, clean up around the house, or provide their talent (singing, dancing, instruments, etc.) to host an experience. They are open to having students volunteer in any way they are able. The sky is truly the limit! If you have a fun idea and want to get involved, they would love to hear it!

○ If you have any questions or are interested in volunteering for Bannister Family House, please contact Ms. Claudia Crespin, Program Coordinator at ccrespin@ucsd.edu or 619-543-7904. If you are ready to choose a date for your event(s), please fill out the [Volunteer Reservation Form](#) and send it to Ms. Claudia Crespin.

● PEE WEE SPORTS AT LEMON GROVE RECREATION CENTER 2019-2020

○ Interested in volunteering at the Lemon Grove Rec Center for Pee Wee Sports?

○ Contact Mark Horton for more information: 619-823-3754.

● YOUTH BASKETBALL AT LEMON GROVE RECREATION CENTER 2019-2020

○ Interested in volunteering at the Lemon Grove Rec Center for Youth Basketball?

○ Contact Mark Horton for more information: 619-823-3754.

ATHLETIC EVENTS

● BOYS BASKETBALL

○ JV

■ Wednesday, 12/4/19 @ Tournament @ 4:45pm

■ Wednesday, 12/4/19 @ Tournament @ 6:15pm

○ *Varsity*

■ Friday, 12/6/19 vs Mission Bay High School @ Hilltop
Tournament @ 7:30pm

■ Saturday, 12/7/19 vs Canyon Crest Academy @ Hilltop
Tournament @ 5:30pm

● BOYS SOCCER

○ *Varsity* - Thursday, 12/5/19 vs Olympian High School @ 6:30pm

● FOOTBALL

○ *Varsity* - Friday, 12/6/19 - CIF State Playoffs vs Sierra Canyon High School @ Helix @ 7:30pm. ASB Cards are NOT accepted for CIF Games.

■ Gates open @ 6:30pm.

■ Ticket prices are as follows:

● ADULTS - \$12

● STUDENTS (Ages 5-High School)/SENIOR CITIZENS (65+) - \$8

■ A large crowd is expected, so we encourage you to purchase your tickets ahead of time at <https://gofan.co/app/events/77257>

● GIRLS BASKETBALL

○ *JV* - Friday, 12/6/19 Competition TBA @ 6:30pm

○ *Varsity*

■ Wednesday, 12/4/19 @ Olympian High School @ 7:00pm

■ Thursday, 12/5/19 @ Parker High School @ 7:00pm

■ Saturday, 12/7/19 @ Bishops High School @ 7:00pm

● GIRLS SOCCER

○ JV - Thursday, 12/5/19 @ Olympian High School @ 3:00pm

○ Varsity - Thursday, 12/5/19 @ Olympian High School @ 3:00pm

● GIRLS WATER POLO

○ Novice

■ Thursday, 12/5/19 @ Valhalla High School @ 6:30pm

■ Saturday, 12/7/19 @ Novice America's Finest Tournament
@TBD

○ JV - Thursday, 12/5/19 @ Valhalla High School @ 4:30pm

○ Varsity - Thursday, 12/5/19 @ Valhalla High School @ 5:30pm