

WEDNESDAY, OCTOBER 16, 2019

- **SOPHOMORE INTERVIEW - SCHOOLWIDE LEARNER OUTCOMES (SLO's)**
  - **LESSON OBJECTIVES**: We will spend the next two weeks reviewing the Helix SLOs. Students will learn about the individual outcomes and brainstorm different ways they have been working on developing the SLOs at Helix.
  - STEP 1: Have student make a copy of the "[SLO Worksheet](https://bit.do/sloworksheet)" go to: [bit.do/sloworksheet](https://bit.do/sloworksheet)
  - STEP 2: Change the title of the Google Doc to "SLO: Last Name, First Initial (ID#)"
    - Example: SLO: Dawg, S (1234)
  - STEP 3: Save/Organize the SLO Worksheet into your Google Drive "2022 Portfolio" folder
  - STEP 4: Begin reviewing the SLO's using the [SLO Google Slide](#).
    - Review each slide, showing the videos of Kevin and each GLP.
    - This week we encourage you to review the first three SLOs:
      - Constructive Thinkers
      - Effective Communicators
      - Informed Decision Makers
    - Have students work in pairs to come up with examples of where the outcomes are being developed in classes and activities. Provide examples of things that happen in your classes
  - Next week we will cover the next four SLOs

## **REMINDERS**

- **HCHS HALLOWEEN COSTUME GUIDELINES**
  - Students are permitted to wear Halloween costumes to school on Thursday, 10/31/19. We encourage you to be creative, dress up with friends, and have fun with the spirit of the holiday.
  - All regular **HCHS Dress Code Policies** apply including:
    - **NO** face-paint or costumes related to clowns
    - **NO** weapons or pretend props/replicas of weapons
    - **NO** masks - you must be able to see, breath, and hear. Any mask that prevents Helix Staff from identifying students are not allowed.
    - **NO** head-gear - unless it is CLEARLY part of the theme of the costume

- **NO** inappropriate apparel - costumes cannot promote the use of drugs, alcohol or violence of any kind. Costumes may not be offensive or inappropriate in any way.
  - **NO** revealing costumes
- **RED RIBBON WEEK**
  - Wednesday, 10/23/19 - Thursday, 10/31/19 is set aside each year to kick-off a red ribbon campaign that symbolizes a commitment to raising awareness around the consequences of drug abuse.
  - We encourage all families to start the conversation in order to prevent drug abuse in our youth.
  - **RED RIBBON WEEK DRESS UP DAYS**
- **SAT/ACT PREP COURSE**
  - Wednesday's from 6pm-7:30pm in Room 1300. Please bring your chromebook!
- **REFLECTIONS ART COMPETITION**
  - The Helix PTSA is hosting the **Reflections Art Competition** for ALL Grade Levels for a chance to win \$100 & recognition at the National PTA Convention.
    - Not only could this prize buy you a sweet new pair of sneakers, this award also looks fantastic on resumes & college applications.
  - This year's theme is **LOOK WITHIN**.
  - There are 6 different categories to enter that range from Dance Choreography to Literature.
  - For a complete list of categories & rules **CLICK HERE**
  - The contest is open from Monday, 10/21/19 - Friday, 11/1/19.
    - Please submit your entry & **the Reflections Student Entry Packet** to Ms. Shaw in her mailbox or email **kshaw@helixcharter.net**.
    - All entries must be received by Friday, 11/1/19.
- **DAUGHTERS OF THE AMERICAN REVOLUTION: CHRISTOPHER COLUMBUS ESSAY CONTEST**
  - Daughters of the American Revolution is having an Essay Contest that is open to ALL Grade Levels 9-12.
  - The topic for 2019-2020 is Christopher Columbus. The title of the essay is "A Sailor's Experiences as Part of Christopher Columbus' First Expedition to the Americas".
    - Describe your impression of Christopher Columbus & perception of the purpose of his expedition. Talk about your experiences on the voyage, detailing places & people that you encountered, & what you see as the significance of the discoveries made.
  - All entries must be submitted by Friday, 11/1/19.

- For more information and/or to submit your essay please contact Mrs. Debbie Williams via:
  - TEXT ONLY: 619-647-5108
  - EMAIL: [dardeb22@hotmail.com](mailto:dardeb22@hotmail.com)
  
- **SDSU'S PACIFIC ISLANDER STUDENT ASSOCIATION (PISA) HIGH SCHOOL CONFERENCE (HSC)**
  - On *Saturday, November 2, 2019* - We welcome high school students from all over Southern California to join in this celebration of promoting higher education for Pacific Islander youth.
  - This is PISA's biggest & most impactful event for Pacific Islander (PI) youth that we hold during our fall semester. We invite both PI & non-PI students to our campus for a day filled with wonderful workshops and community speakers.
    - During these workshops and talks, different topics that will be discussed include academics, financial resources, and different aspects of PI culture.
    - The main goal is to promote higher education to PI youth by offering scholarship opportunities & other resources.
  - Students interested in attending must submit an [Individual Student Registration Form](#) by *Saturday, 10/26/19*.
  - If you have a group that would like to participate in the [Talent Show/Exhibition Act](#), please submit the Talent Show/Exhibition Act form.
  - If you have any questions or concerns, please contact Jesilyn Renei Ferrer, Academic Coordinator, PISA SDSU @ [pisa.academic.sdsu@gmail.com](mailto:pisa.academic.sdsu@gmail.com).
  
- **HELIX VOCAL MUSIC PRESENTS - HAUNTED HELIX**
  - TODAY, Wednesday, 10/30/19 is the last opportunity to join Helix Vocal Music for a creepy, kooky and spooky show.
  - Show starts at 7:00pm in the Helix PAC (Performing Arts Center).
  - Tickets purchased at the door with CASH ONLY cost:
    - \$5 - Helix Student w/ASB Card
    - \$5 - Child Ticket
    - \$10 - Adult Ticket
  - For discounted tickets go [HERE](#).
  
- **COLLEGE VISITS**
  - It is never too early to start learning about different colleges.
  - Remember to check [Naviance](#) daily to see what colleges will be on the Helix Campus.
  - Colleges are visiting Helix daily so make sure you sign up for the visit, attend the presentation & ask questions.

- Students who pre-register, attend & stay till the end of the presentation will be entered in a raffle for gift cards!

## COMMUNITY SERVICE OPPORTUNITIES

- BANNISTER FAMILY HOUSE AT UC SAN DIEGO HEALTH HOSPITAL
  - The Bannister Family House is a home away from home that provides an affordable haven of hope and comfort for the families of loved ones in critical or long-term care at UC San Diego Health (think UCSD's version of the Ronald McDonald House).
  - They are looking for student volunteers who can help host meals, clean up around the house, or provide their talent (singing, dancing, instruments, etc.) to host an experience. They are open to having students volunteer in any way they are able. The sky is truly the limit! If you have a fun idea and want to get involved, they would love to hear it!
  - If you have any questions or are interested in volunteering for Bannister Family House, please contact Ms. Claudia Crespín, Program Coordinator at [ccrespín@ucsd.edu](mailto:ccrespín@ucsd.edu) or 619-543-7904. If you are ready to choose a date for your event(s), please fill out the [Volunteer Reservation Form](#) and send it to Ms. Claudia Crespín.
- PEE WEE SPORTS AT LEMON GROVE RECREATION CENTER 2019-2020
  - Interested in volunteering at the Lemon Grove Rec Center for Pee Wee Sports?
  - Contact Mark Horton for more information: 619-823-3754.
- YOUTH BASKETBALL AT LEMON GROVE RECREATION CENTER 2019-2020
  - Interested in volunteering at the Lemon Grove Rec Center for Youth Basketball?
  - Contact Mark Horton for more information: 619-823-3754.

## ATHLETIC EVENTS

- CROSS COUNTRY
  - *Varsity* - Friday, 11/1/19 vs Santana High School @ 3:30pm
- BOYS WATER POLO
  - *JV* - Friday, 11/1/19 vs El Capitan High School @ 4:30pm
  - *Varsity* - Friday, 11/1/19 vs El Capitan High School @ 5:30pm
- FOOTBALL
  - *Frosh* - Thursday, 10/31/19 @ 5:15pm
  - *JV* - Friday, 11/1/19 @ Steele Canyon High School @ 4:30pm
  - *Varsity* - Friday, 11/1/19 @ Steele Canyon High School @ 7:00pm
- GIRLS FIELD HOCKEY
  - *JV* - Thursday, 10/31/19 @ El Capitan High School @ 7:30pm
  - *Varsity* - Thursday, 10/31/19 @ El Capitan High School @ 6:00pm
- GIRLS VOLLEYBALL

- **Varsity** - Congrats to the Varsity Girls Volleyball Team for being seeded #6 in the CIF Division III Playoffs.
  - Wednesday, 10/30/19 vs the Chula Vista Community Learning Center at the La Mesa Girls & Boys Club. Doors open at 6:00pm with the first serve at 7:00pm.
  - Ticket Costs:
    - Students - \$6
    - Adults - \$9