

2022 PARENT / GUARDIAN NEWSLETTER

ISSUE 21



To our SUCCE22 Team,

It seems as if we blinked and suddenly the month of April was over. Our students have been working so hard these past few weeks despite everything going on and we couldn't be anymore proud of them. We miss the Class of 2022 very dearly and hope that we will all be able to be with one another sometime in the near future.

Please be patient with yourselves, your students, and our staff. We're all trying to get through this. If your student requires any support, or if you have any questions or concerns, please don't hesitate to reach out to their GLT.

WE'RE ALL PRO ZOOMERS NOW, RIGHT?

What KIND of Zoomer are you

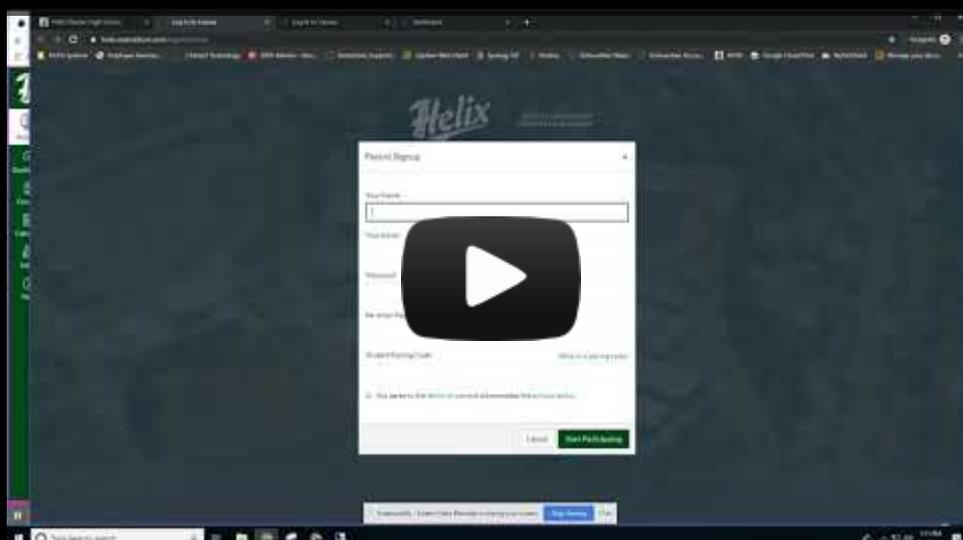


HAVE A QUESTION REGARDING YOUR STUDENT'S GRADES?

Like many of us, teachers have been tasked to not only work from home, but also attend to their own families and responsibilities. Keeping this in mind, please allow teachers, as well as any staff member, at least 24 hrs. to respond to any inquiries via email.

If you have a question regarding grades, or a particular assignment, it might be helpful to create a Canvas Parent Observer Account. This account will give you access to your student's grade book and includes details such as when an assignment was due, how much it was worth, as well as whether or not it was submitted. To learn how to create a Parent Observer Account, watch our [video tutorial](#) or watch below!

Aug 15, 2019 1:12 PM





**HELIX ACADEMIC SUPPORT PROGRAM
DISTANCE LEARNING SUPPORT**

**FREE TUTORING
FOR ALL HELIX
STUDENTS**

Support is available in ANY Subject Area

**FOR THE TUTORING SCHEDULE &
LINKS TO REQUEST SUPPORT GO TO
bit.ly/2RCpC7P**

Covid-19 Grading Policy for Spring Semester 2 (Quarter 4) 2019-2020 School Year

 **Transition from Traditional Grading of Student Achievement to Pass "P" or No Mark "NM"**

Credit/No Credit. Students earning an "NM" must retake the course.

 **Conduct Grade & Work Habit Grade**

Conduct = Student Behavior

Work Habit = Student Engagement & Participation in Distance Learning

 **Grade Point Average (GPA)**

P's & NM's will not be included in the calculation of students' GPA.

 **Grossmont/Cuyamaca - Helix Dual Enrollment Classes**

Will continue to receive letter grades. Students can request a change to grading through the end of the semester (*June 1, 2020*).

 **Grossmont/Cuyamaca Articulated Credit Classes**

Will accept Pass/No Mark as the standard for college credit. Students should try to maintain as high a PASS as possible.

For more information regarding this Grading Policy:
bit.ly/Covid19HelixGrading

OPPORTUNITIES FOR YOUR STUDENT

PSAT/SAT PREP

If your student is interested in utilizing this time to prepare for the PSAT or SAT, we have compiled a list of FREE resources for them. Click [HERE](#) for practice exams, tips/strategies, and more!





**PLEASE JOIN
ATHLETIC DIRECTOR,
DAMON CHASE,
FOR A FAMILY FIRST
ZOOM MEETING ON
THURSDAY, MAY 21, 2020
FROM 6PM - 7:30PM**

He will discuss the latest updates from the NCAA for parents of students who wish to participate in college level athletics. To receive the Meeting ID & Password, RSVP HERE:
<https://bit.ly/HelixZoomNCAA>



**HELIX'S COLLEGE CENTER IS
(VIRTUALLY) OPEN FOR YOU**

Interested in how COVID-19 will affect the college admissions process? Worried that Helix's new grading system will affect your student's chances of getting into a good school? The College Center at Helix has PLENTY of resources available and is able to answer these questions and so many more. Take advantage of this resource by visiting their [web page](#).

OUT-OF-STATE COLLEGE VIRTUAL FAIR

RACC is excited to kick off their **virtual college webinar series** hosted via Zoom! Each webinar will consist of four to five RACC college representatives.

What is RACC?

The Regional Admission Counselors of California (RACC) is composed of college admission professionals who represent colleges and universities outside the state of California. Members work closely with students and families of California while partnering with high school, community college and independent counselors throughout the state.

Webinar Series Dates & Information

- May 5: Exploring Out of State Options - 3:30 PST | [REGISTER HERE](#)
- May 7: The Value of a Liberal Arts Education - 5:00pm PST | [REGISTER HERE](#)
- May 11: Exploring Out of State Options - 6:00pm PST | [REGISTER HERE](#)
- May 13: Applying to Visual & Performing Art Programs - 3:30pm PST | [REGISTER HERE](#)
- May 19: Understanding Holistic Admissions - 5:00pm PST | [REGISTER HERE](#)
- May 21: Connecting with Colleges - 6:00pm PST | [REGISTER HERE](#)
- May 26: Understanding Holistic Admissions - 6:00pm PST | [REGISTER HERE](#)
- May 27: Exploring Out of State Options - 3:30 PST | [REGISTER HERE](#)

Other Resources

The [RACC YouTube Channel](#) is now live! Our channel features RACC institution videos and additional content and presentations will be added continuously.

For more information, visit their website www.regionaladmissions.com.

IS YOUR STUDENT PLANNING ON GETTING A JOB SOON?

Having Money is Cool - Teen Finance 101



US Air Force Recruiting Town Hall

Learn about Active Duty, Reserve,
National Guard, USAFA, and AFROTC

21 May, 6pm-8pm PT
Zoom: 986 0539 8621



AIR FORCE RECRUITING TOWN HALL

The Air Force ROTC program wants you to join them May 21 for a USAF Recruiting Town Hall. They will have recruiters from every Air Force accessions source present to give information and answer questions. If you're interested in military service but not sure where to start, this is the perfect session for you!

OPPORTUNITIES IN THE COMMUNITY FOR PARENTS

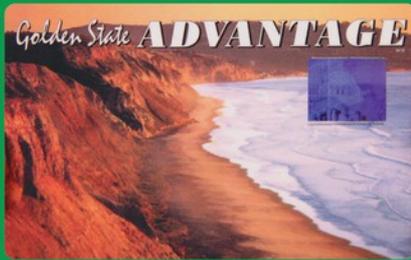
CalFresh Food benefits can now be used to purchase groceries ONLINE at select retailers



CalFresh recipients can now use their EBT card to purchase groceries online at Walmart and Amazon starting April 28, 2020. You will be able order food online that you would normally buy with your EBT card in-person and select home delivery*.

*CalFresh Food benefits cannot be used to cover the cost of delivery at this time. For more information visit **EBT Online** at <https://www.cdss.ca.gov/ebtonline>.

CalWORKs recipients will also be able to use their benefits to make food or other purchases at Walmart.



For more information or to apply for CalFresh benefits:



Click [GetCalFresh.org](https://www.getcalfresh.org)



Call 1-877-847-3663 (FOOD)



Find an office at [CalFreshFood.org](https://www.calfreshfood.org)



For other languages, or reasonable accommodations, find an office at [CalFreshFood.org](https://www.calfreshfood.org). For speech and/or hearing assistance call **711 Relay**



COMMUNITY FOOD BANK RESOURCES

Whether you wish to donate or would benefit from food distribution, our Student Support Team has compiled a list of [resources](#).



RELIEF FUNDS FOR WORKERS IN CA

Click [HERE](#) if you, or anyone you may know, would benefit from these resources. The document includes information on eligibility and how to apply in English, Spanish, and



SUPPORTING TEENAGERS AND YOUNG ADULTS DURING THE CORONAVIRUS CRISIS

The Child Mind Institute released a great article with tips on how to support the teenagers and young adults in your life during this ongoing pandemic. To access the article, click [HERE](#).

SUPPORTING YOUR MENTAL HEALTH

The National Alliance on Mental Illness in San Diego (NAMI San Diego) supports, educates, and advocates for people with mental illnesses and their families by helping them find coping mechanisms for their daily struggle with brain disorders. Currently, all of their support groups are online and its free to register.

Check out their [May calendar](#) for more information on the groups currently available.

HELIX IN THE NEWS



UNION TRIBUNE HIGHLIGHTS OUR GIRLS WATER POLO TEAM

By the end of their season, the Girls Varsity Water Polo team had a lot to celebrate. For the first time in the school's history, it earned the Grossmont Hills League title with a 8-0 record, going on to play in the Division I playoffs and reaching semi finals. However, like many sports teams, COVID-19 interfered with any end of the year ceremonies. To learn more how exactly the Coach Lenelle Wylie celebrated her players, check out the full article [here](#).



STAY IN THE KNOW!

Sign up to receive text updates by texting @h22parent to 81010.
Have your student sign up by texting @Helix2022 to 81010.

Follow us on Instagram: Helixsucce22!