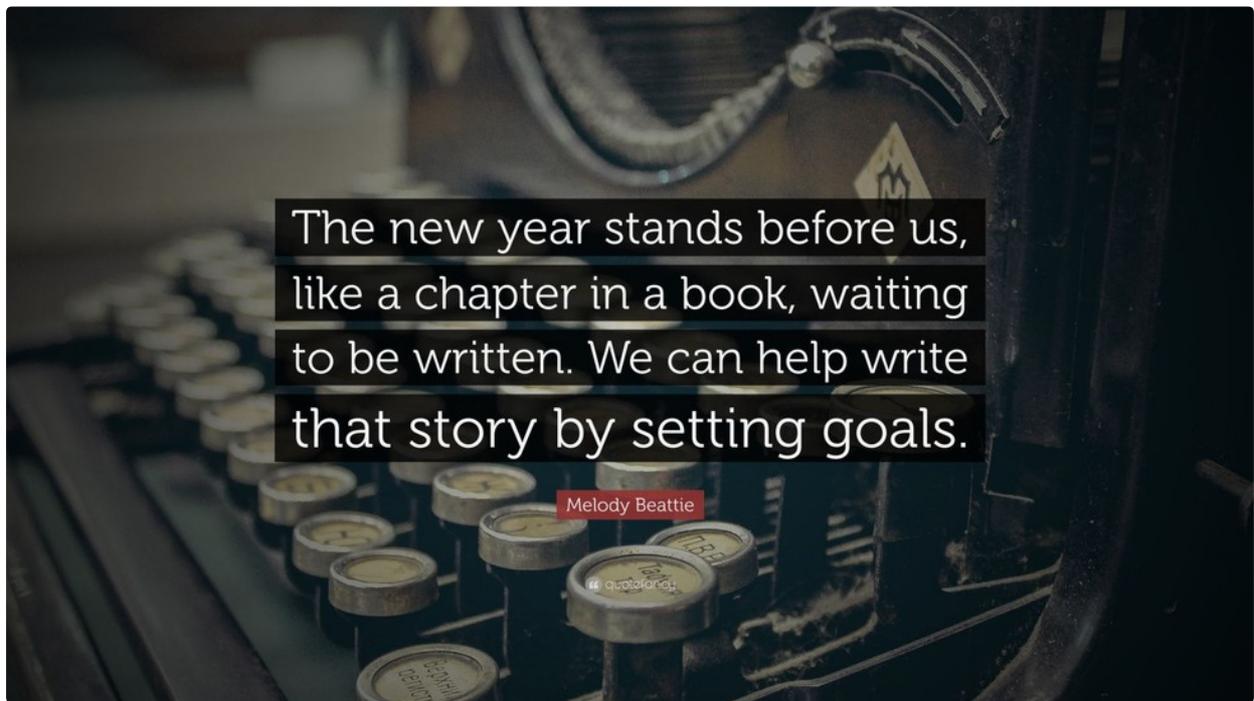


# Parent/Guardian Newsletter

Issue 6



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## Welcome to 2019!



### Reminders:

Don't forget to wear your ID cards!

Please be on time to class!  
Let's work together to reduce the number of lockouts!

Helix is not an open campus. You must have an Off Campus Pass in order to leave the school grounds early. Please stay in campus bounds during break and at lunch.



### Attendance Matters

Remember to clear your attendance within 24 hours!

A parent notes, doctor note, or legal note can clear the absence when students get a readmit slip the next school day of attendance.

For attendance matters, parents can email Alicia Melendez at [amelendez@helixcharter.net](mailto:amelendez@helixcharter.net) or connect to her directly through extension 232.

*Please do not leave a message on the main line.*



### Changes to the Tutorial Schedule

Please note some changes in the tutorial section in regards to which subjects are being offered.

The following subjects are available on **Tuesday** mornings:

Art, English, Helix First, LOTE, PE, Performing Arts, Science

The following subjects are available on **Wednesday** mornings:

Business, Family/Consumer Science, Math, Social Science, Tech

Here is an updated [copy](#).

## Get Involved



## Helix Hip Hop Dance Team Auditions

The Helix hip hop dance team **3H** is holding auditions on January 23rd from 3:00 to 5:00pm in the dance room on campus

## International Student Exchange

**Make a International Student's Dream Come True!!**

Looking for host families at Helix High School. Learn about another country without leaving your home. Students are waiting for families to change their lives. For more information call **Karen Toledo @844-723-7403**.

[www.iseusa.org](http://www.iseusa.org)



## Spring Semester Aspire Schedule

Check out what the Aspire program is offering before and after school this term!

## Teens and Technology



Wondering about the impact that technology has had on our teens and society? Check out the informative article below:

[Have Smartphones Destroyed a Generation?](#)

# Back to School Night

## When

*Thursday, Jan. 24th, 5pm*

## Where

*7323 University Avenue La Mesa, CA*

## More information

As our new term gets underway we invite you to visit your student's Spring Term classes at Back to School Night! This is your opportunity to meet your student's new teachers and to acquaint yourselves with the instructional programs at Helix Charter High School.

You may park your car in the student parking lot by using the entrance on Lowell street at the east side of campus.

Your presence will also provide you with the tools to help your student be successful in their classes.

Classroom visits will begin at 5:00 pm with 5-minute passing periods between classes. Please be sure that your student completes the [attached schedule](#) and bring it with you, as this will be your schedule for the evening.

Hope to see you there!

# Spring 2019 Parent/Guardian Shadow Day

## When

*Wednesday, Jan. 30th, 7:45am-2pm*

## Where

*7323 University Avenue La Mesa, CA*

## More information

Helix Charter High School Administration, Staff, and the Associated Student Body cordially invite you to attend the 23rd bi-annual Parent/Guardian Shadow Day. We would love to have you join us and accompany your student in their classes.

If you are planning on attending, please note that California Labor Code AB2590 requires employers to allow parents/guardians time away from work for the purposes of visiting their students' schools.

This time is for observing the classroom and campus environment, not for individual teacher conferences.

Ample parking is available in the student parking lot. Please enter off of Lowell Street.

**PLEASE NOTE:** This event is for parents/guardians only. No children or siblings, please.

Need a break during the day? Is your student in a PE class? Refreshments will be served in the library, hosted by the Helix Foundation, Alumni Association, and PTSA. Information and sign-ups for all three organizations will be available.

We will be on the following bell schedule for Parent/Guardian Shadow Day:

- **Period 1:** 7:50 - 9:01
- **Period 2:** 9:08 - 10:19
- **Advisory:** 10:26 - 10:46
- **Nutrition Break:** 10:46 - 10:59
- **Period 3:** 11:04 - 12:15
- **Period 4:** 12:22 - 1:33
- **Lunch:** 1:33 - 2:03 (Shadow Day Ends)
- **Tutorial:** 2:03 - 2:55



Parent\_Guardian Shadow Day Spring 2018.2019.pdf

[Download](#)  
173.5 KB



## The 6th Annual Helix Aquatics Crab Feed - Saturday February 9th at 6pm

The 6th Annual Helix Aquatics Crab Feed is almost here!

Click [here](#) to reserve your tickets!

Individual tickets are \$50 each or you can save 10% by reserving a table for eight. Reserved tables get priority seating and you can be sure to sit with all of your friends.

This *adult only* event starts with a cocktail hour and silent auction and is followed by your favorite Helix Aquatics athletes serving you a delicious crab dinner including baked potato, Caesar salad and dessert. The finale is a fun live auction in support of our aquatics program.

This community fundraising event has allowed Helix Aquatics to improve our facilities, upgrade our equipment, and hire extra coaching staff to meet the needs of our growing athletic community. This event takes the involvement from our entire group of parents and athletes in order to be successful and we hope you will consider either donating or attending our event.

If you are interested in donating to our silent or live auction please see our [2019 Donation Letter](#) or email me or Joel Hull for more information.



[2019 Crab Feed Video ...](#)

[drive.google.com](https://drive.google.com)

## College Center Updates



## Mock ACT - Saturday 1/26/19

Helix will be hosting a Mock ACT on Saturday, January 26, 2019.

Registration for the test has closed, however you may still crash the test.

Please arrive in front of the 10's building by 7am and begin forming a line. Once all students registered to take the exam have been checked in, you will be allowed to take the test space permitting. There is no guarantee.

Please bring the following the day of the mock ACT:

- \$10 dollars (cash only) to pay for the test
- Helix ID card
- #2 pencils
- Calculator
- Snack
- Water

Remember! This is *last* mock ACT of the school year.

## Black College Spring Scholarships Available - Deadline January 30th

Stepping in the Right Direction HBCU Tours is happy to announce their scholarships! They will be giving away multiple tour opportunities in 2019 for middle school, high school, and community college students. If you are interested in getting an opportunity to win a free HBCU Tour, please complete the attached [form](#).

This scholarship is available to any students who reside in the United States. If you are selected to move to the next level of the process you will be contacted via email.

## Stanford Pre- Collegiate Studies Summer Program

Stanford offers programs across a wide variety of disciplines including arts, humanities, science, and math, giving highly motivated students the opportunity to investigate advanced topics not typically taught in secondary schools. Participants will be given the opportunity to engage in small classes with brilliant instructors and peers who share their passions.

Learn more about the Stanford Pre-Collegiate Studies programs [here](#).

## Class of 2022 Course Request

The Class of 2022 Grade Level Team is in the process of meeting with every student in the class of 2022 in order for them to request courses for their Sophomore year. During this meeting students will be able to ask questions and finalize their plans for next year. After the GLT has met with all of the students, a printed list of requested courses will be sent home in order to give families an opportunity to review and offer input towards these choices.



## Summer Opportunities

The following universities have summer programs available for high school students interested in [Engineering](#). Both have need-based scholarships available for highly qualified applicants.

### [Cal Poly San Luis Obispo](#)

- Applications open 2/1
- Closes 4/15

### [University of Pennsylvania](#)

- Application open Late January
- Priority Deadline: 3/1
- Final Deadline: 4/5

## Class of 2023 Information Meetings

**IF YOU HAVE A SIBLING THAT WILL BE ENTERING HELIX NEXT YEAR IN THE CLASS OF 2023, YOUR FAMILY MUST ATTEND ONE OF THESE INFORMATION NIGHTS TO SUBMIT YOUR INTENT TO ENROLL.**

Information Nights offer prospective students and parents/guardians the opportunity to meet the Class of 2023 Grade Level Team and discuss the following important topics:

- Helix Charter High School's Mission and Vision
- The 5 As: Academics, Athletics, Arts, Activities, and Attitude
- The application process/priority enrollment



Interested families are required to attend **ONE** of the meetings listed below. No reservation necessary.

*\*\*\* Please note: Your position in the lottery is NOT determined by which meeting you attend.\*\*\**

### **INFORMATION NIGHTS:**

- **Thursday, 1/24/19**- 7 pm @ Helix Charter High School the in the PAC Building
- **Thursday, 1/31/19**- 6pm @ Lemon Grove Academy in the Auditorium
- **Thursday, 2/7/19**- 6pm @ Vista La Mesa in the Auditorium
- **Thursday, 2/14/19**- 6pm @ La Mesa Arts Academy in the Auditorium
- **Wednesday, 2/20/19**- 6pm @ Parkway Middle School in the Auditorium
- **Saturday, 2/23/19**- 10am @ Helix Charter High School in the PAC Building

We will provide information to complete an online Intent to Enroll form at these meetings. This will be your **ONLY** opportunity to submit a Lottery entry for the 2019-2020 school year. Applications are due by 3:00 p.m. on 2/27/19. The Lottery drawing will occur on 3/1/19, and families will be notified via email by 3/11/19.

## REMIND 101 Update



We're sorry to write with disappointing news. Recently, we learned that Verizon will be charging Remind a new fee that makes it impossible for us to continue supporting free text messaging for anyone who has Verizon Wireless as their phone carrier. Please read on for all the important details—we promise to keep this as short as we can.

### What's happening?

To offer our text messaging service free of charge, Remind has always paid for each text that our users receive or send. Now, Verizon is charging Remind an *additional* fee intended for companies that send spam over its network. **Your Remind messages aren't spam**, but our efforts to resolve the issue with Verizon haven't been successful.

As a result, the Verizon fee will increase our costs of providing text messaging by **11X**—pushing our annual costs into the millions of dollars. This isn't financially feasible for us to support, and it's forcing us to end Remind text messaging for everyone who has a wireless plan with Verizon.

### How will this affect you?

Beginning **January 28, 2019**, the people in your classes who normally get your Remind messages as texts will no longer receive these messages if they have Verizon Wireless as their phone carrier.

### What can you do?

To make sure people in your classes continue receiving your messages, **ask them to [download the mobile app](#) or [enable email notifications](#)—both of which are free of charge**. Our team's also working hard on a solution that allows your classes to continue to use Remind by text, and we'll share more details with you before January 28.

In the meantime, we'll keep fighting to make sure educators, students, and parents have access to effective communication. To do this, **we need your help**: If using Remind has made a positive impact in your classroom, at your school, or anywhere in between, please ask Verizon to reverse the fee here: [www.remind.com/verizon-fee](http://www.remind.com/verizon-fee)

We're very grateful for your support, and we'll be in touch soon with an update.

Sincerely,

The Remind team



## Achieve3000 Update

Achieve3000 and Helix Charter High School partnered to accelerate literacy growth by providing all students access to grade-appropriate content automatically differentiated to their individual Lexile levels and to 24/7 learning. The results speak for themselves! Check it out:



Achieve Results



Download  
309.5 KB

