

WEDNESDAY, January 15, 2020

**TODAY'S ACTIVITIES (as time allows)**

- Earlier this week we began the Course Request process as we prepare for Sophomore year. Our presentations during Helix First on Monday and Tuesday were just the beginning!
- The reason Helix practices these requirements is to ensure that students will have options and opportunity to pursue whichever path they choose after they graduate high school. One of those options would be to apply and attend college after graduation.
- By ensuring that the A-G requirements are met, we are making sure that our students will be able to apply for college if they decide on that path after graduation.
- BUT DID YOU KNOW... the UC system uses a holistic review to evaluate their applications?
  - This [link](#) will provide you with more information about the review process.
  - The UC system uses 14 factors when making admission decisions
    - 1. Grade Point Average
    - 2. Test Scores
    - 3. Performance in and number of courses beyond the minimum a-g requirements
    - 4. UC-approved honors courses and advanced courses
    - 5. Eligibility in the Local Context, ELC (for CA residents only)
    - 6. Quality of senior-year program of study
    - 7. Academic opportunities in California high schools
    - 8. Outstanding performance in one or more academic subject areas
    - 9. Achievements in special projects
    - 10. Improvement in academic performance
    - 11. Special talents, achievements and awards
    - 12. Participation in educational preparation programs
    - 13. Academic accomplishment in light of experiences
    - 14. Geographic location
  - *No single factor determines admission!*

**ANNOUNCEMENTS:**

- **REMINDERS:**
  - Be on the lookout for an email from Ms. Meza regarding your course request checklist. It will include a checklist of items to complete (with links) before the February 9th deadline!
    - Until then, please continue to work on your 4-year plan and familiarize yourself with next year's course catalog

- NO SCHOOL this Monday 1/20! Enjoy your Martin Luther King Jr holiday!
- **UPCOMING EVENTS:**
  - There will be a football meeting for all those planning on playing next season in the Weight Room this Wednesday at lunch
  - Interested in playing softball? There will be a meeting on Thursday at lunch in room 1
  - New Year, New You! Kick start your year with Coach Ted at Ted's Talk's! starting Wednesday 1/22 in RM 710 (PE) at 7:15 am. Hope to see you there!
  - Winter Formal will be on the 25th of this month at the Sunset Temple in North Park. Make sure to get your clearance form and tickets soon! \$45 a ticket or \$85 for two (couples/friends)