

WEDNESDAY, NOVEMBER 20, 2019

TODAY'S ACTIVITIES:

- SOPHOMORE INTERVIEW - GOOGLE SITE (email with link will be sent during Advisory)

\*Continue to work on your Digital Portfolio if you have not been able to create it, but also take this time to finish past activities that we will eventually add to your Digital Portfolio\*

- LESSON OBJECTIVES: students WHO HAVE NOT CREATED THEIR DIGITAL PORTFOLIO will create their Helix Digital Portfolio Website
- Use this video linked to instruct students on how to create their website. The video uses the Class of 2021 Digital Portfolio but the instructions are the same. Also, the email that Mrs. Gibson refers to is going to be from Mrs. Street
- Once you have created A COPY (as the video says) and renamed the copy please DELETE the first one downloaded so you do not end up working on the incorrect one.

- <https://www.youtube.com/watch?v=RfrYyBxwDo>
- OR
- [bit.do/helixportfolio](http://bit.do/helixportfolio)

REMINDERS

- NEW HELIX AFTER-SCHOOL DINNER PROGRAM
  - A Special THANK YOU to Chef George Lepre, Helix Cafe; Kevin Osborn, Helix Executive Director; & Mr. Scimone, Helix will have an after-school dinner program from 3:00pm-5:00pm, that is FREE TO ALL!!!
  - Go see the AMAZING Helix Cafe Staff & they will take great care of you! Please do not go home hungry. Don't go to play sports hungry. Don't go to your clubs hungry.
  - Upcoming Menus:
    - November 2019 MENU
    - December 2019 MENU
- THANKSGIVING BREAK - NO SCHOOL
  - No school next week, Monday, 11/25/19 - Friday, 11/29/19
  - Be safe & enjoy your break! See you on Monday, 12/2/19 to finish the Semester strong!

- Breaks are a great opportunity to complete your community service hours. Remember you need a total of 40 Hours to meet the Graduation Requirement.
- **HELIX ROBOTICS**
  - Interested in Robotics?
  - Helix has their first Robotics Team in 5 years!
  - Show your support by following their instagram page [@helix\\_robotics](#)
- **LA MESA CITIZEN PUBLIC SAFETY OVERSIGHT TASK FORCE YOUTH REPRESENTATIVE**
  - The City of La Mesa is currently recruiting for members of the newly formed La Mesa Citizen Public Safety Oversight Task Force. One of the members of the Task Force is to be a Youth representative (9<sup>th</sup> - 12<sup>th</sup> grader). Applicants must live within the city limits of La Mesa.
  - Completed applications must be returned to the City Clerk's Office, La Mesa City Hall, 8130 Allison Avenue, no later than Monday, November 25<sup>th</sup> to be considered in the interview and appointment process.
  - If you have any questions, please contact Megan Wiegelman, City Clerk at 619.667.1130.
- **SAT/ACT PREP COURSE**
  - Wednesday's from 6pm-7:30pm in Room 1300. Please bring your chromebook!
- **APPLICATIONS NOW OPEN FOR RADY CHILDREN'S SUMMER MEDICAL ACADEMY PROGRAM!**
  - Applications are available online for the Summer Medical Academy: Learning, Doing, Sharing!
  - To learn more & download the enrollment form/application, visit the [SD Health Scholars website](#).
  - For questions or more information, contact Alexandra Ayala, Lead Coordinator at 858-576-1700 ext 243784.
- **FALL SEMESTER 2 FINALS THURSDAY, 12/19/19 & FRIDAY, 12/20/19**
  - SAVE THE DATE for Fall Semester 2 Finals on Thursday, 12/19/19 and Friday, 12/20/19.
  - [CLICK HERE](#) for the Adjusted Bell Schedule.

#### **COMMUNITY SERVICE OPPORTUNITIES**

- **BANNISTER FAMILY HOUSE AT UC SAN DIEGO HEALTH HOSPITAL**
  - The Bannister Family House is a home away from home that provides an affordable haven of hope and comfort for the families of loved ones in critical or long-term care at UC San Diego Health (think UCSD's version of the Ronald McDonald House).

- They are looking for student volunteers who can help host meals, clean up around the house, or provide their talent (singing, dancing, instruments, etc.) to host an experience. They are open to having students volunteer in any way they are able. The sky is truly the limit! If you have a fun idea and want to get involved, they would love to hear it!
- If you have any questions or are interested in volunteering for Bannister Family House, please contact Ms. Claudia Crespin, Program Coordinator at [ccrespin@ucsd.edu](mailto:ccrespin@ucsd.edu) or 619-543-7904. If you are ready to choose a date for your event(s), please fill out the [Volunteer Reservation Form](#) and send it to Ms. Claudia Crespin.
- [PEE WEE SPORTS AT LEMON GROVE RECREATION CENTER 2019-2020](#)
  - Interested in volunteering at the Lemon Grove Rec Center for Pee Wee Sports?
  - Contact Mark Horton for more information: 619-823-3754.
- [YOUTH BASKETBALL AT LEMON GROVE RECREATION CENTER 2019-2020](#)
  - Interested in volunteering at the Lemon Grove Rec Center for Youth Basketball?
  - Contact Mark Horton for more information: 619-823-3754.

## ATHLETIC EVENTS

### ● BOYS BASKETBALL

#### ○ *Varsity*

- Thursday, 11/21/19 vs Saint Augustine High School @ Montgomery High School Tournament @ 5:30pm
- Friday, 11/22/19 vs Mission Bay High School @ Montgomery High School Tournament @ 5:30pm
- Saturday, 11/23/19 vs Sweetwater High School @ Montgomery High School Tournament @ 12:30pm

### ● FOOTBALL

- *Varsity* - Saturday, 11/23/19 - CIF Open Division Finals vs Carlsbad High School @ Southwestern College @ 7:00pm. ASB Cards are NOT accepted for CIF Games.
  - Gates open @ 4:30pm.
  - Ticket prices are as follows:
    - **ADULTS** - \$15
    - **STUDENTS/SENIOR CITIZENS** - \$9
    - ASB is offering **ONLY HELIX STUDENTS** with a **VALID HELIX STUDENT ID CARD** the opportunity to purchase **ONLY ONE STUDENT TICKET** for \$5 at the Dawg House starting today.
  - A large crowd is expected, so we encourage you to purchase your tickets ahead of time at <https://gofan.co/app/events/69672>

- **GIRLS SOCCER**

- **Varsity** - Wednesday, 11/20/19 @ Chula Vista High School @ 3:30pm
- **JV** - Wednesday, 11/20/19 @ Chula Vista High School @ 3:30pm

- **GIRLS WATER POLO**

- **Novice** - Thursday, 11/21/19, Scrimmage @ Coronado High School @ 5:30pm
- **JV**
  - Thursday, 11/21/19, Scrimmage @ Coronado High School @ 3:30pm
  - Saturday, 11/23/19, Scrimmage @ Del Norte High School @ 10:00am
  - Saturday, 11/23/19, Scrimmage @ Vista High School @ 11:00am
- **Varsity**
  - Thursday, 11/21/19, Scrimmage @ Coronado High School @ 4:30pm
  - Friday, 11/22/19 vs Rancho Bernardo High School @ 7:00pm
  - Saturday, 11/23/19, Scrimmage @ Del Norte High School @ 1:00pm
  - Saturday, 11/23/19, Scrimmage @ Vista High School @ 2:00pm

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