

2022 Parent/Guardian Newsletter

ISSUE 3

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REMINDERS

- Don't forget to wear your ID cards!
- Be on time to class! Let's reduce the number of lockouts!
- Remember to stay in campus bounds during break and lunch.
- Make sure you have submitted your lunch applications. [Click here for the online application.](#)

CLEAR YOUR ATTENDANCE WITHIN 24 HOURS!

- Parent/Guardian Note can clear the absence when student gets readmit slip next school day of attendance.
- Parents/Guardians can email Ms. Alicia Melendez @ amelendez@helixcharter.net
- Parents/Guardians can call Ms. Alicia Melendez directly @ x232 - *Please do not leave message on main line.*

FROSH FOOTBALL GAMES

- 10/4 4:30 pm @ Lincoln High School
- 10/11 5:15 pm @ Grossmont
- 10/18 5:15 pm @ Helix vs Granite Hills
- 10/25 5:15 pm @ Steele Canyon

HELIX ALUMNI ASSOCIATION-ALL CLASS PICNIC

2018 Helix Activities
Helix Alumni Association's All-Classes Picnic
Sunday, October 14, 2018
11:00 AM – 3:00 PM

If your school activity, club or curricular group would like to participate in our yearly picnic on campus, please contact Judy Kirk jkirk@helixcharter.net or Steve Flack noflacks3@yahoo.com



Groups can perform, such as dance or tap, or have a table to sell items as a fundraiser! We will help you with set-up of table and chairs and placement near the quad. Please let us know this month what your group would like to do! We need to know what you would like to sell as a fundraiser so there won't be any conflicts (popcorn, cookies, ice cream, spirit item, pastries, etc). It's a great opportunity to reach out to the community and let them see what a terrific

school Helix Charter School is! We will have The Roy Rockers as our featured band, a D.J., Car Show, and lunch sold by Helix Instrumental Music. We look forward to our collaboration! The Helix Alumni Association



FAMILY FIRST EVENTS

October 2018

- 4th - FAFSA/CADA @6:00 Room: 1600
- 4th - Excellence in Education Tour @5:30 Room: LIB
- 18th - ACT vs SAT Pres., Princeton Rev. @6:00 Room: 1600
- 25th - Substance Abuse Presentation @6:00 Room: 1600

ALGEBRA 1C REMEDIATION POLICY

Algebra 1C Test Remediation Policy.

Concept Quizzes

- NO RETAKES
- Khan Academy or test corrections (teacher choice)
- 5% score increase
- Min revise score 65%
- Max revise score 100%

Review Quizzes ("RQs")

- Test corrections for one retake attempt with teacher
- Highest Score kept

Cumulative Exams (Paper & Digital)

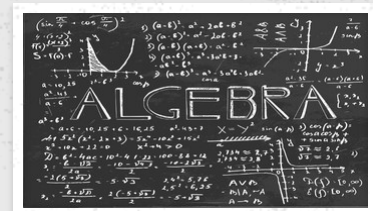
- FAIL (< 70%) = test corrections to RETAKE test
- PASS (70%) = test revisions for 5% score increase
- Max retake score 80%
- Max revise score 100%

Performance Tasks (group tests) → NO revisions or retakes

*** Tutorial Day for retakes are Wednesdays 7:50 - 8:50 in teacher's classroom**

*** Please use provided corrections/revisions template for ALL corrections & revisions.**

- Corrections sheets are available from teacher or [click here](#) (teacher may require corrections to be signed for credit)



HONORS ALGEBRA REMEDIATION POLICY

Retakes will only be available during a scheduled tutorial announced the day the tests are returned, you must do test corrections in order to retake.

Retake Policy For Chapter Tests:

Students may retake the test during a scheduled tutorial for up to 100% if their homework grade for that chapter is above 80% and retake for up to 70% if their homework grade is below 80%. The retake score replaces the original score no matter what so make sure that your student is prepared for the retake.

GOT PLANS? SAVE THE DATE!

[Got Plans?](#) Don't miss our Career/College Fair for 9th-12th students and their parents. It's SATURDAY, October 20th, from 9:00 am to 12:00 pm at [Cuyamaca College](#). This is our BIGGEST career and college event, and it's for students preparing to go directly into the work force, military, career & technical school, 2 year college or 4 year college/university. You can choose from many workshops to help you prepare for life after high school. Students from the entire district will be there... but what's most important - will YOU be there?



GOT PLANS? WEBSITE

PTSA ART REFLECTIONS CONTEST

It's time for the PTSA Art Reflections Contest! This is a nationwide event for students of all ages, from Kindergarten to the 12th Grade.

Students can apply in one of six categories, dance, film, writing, music, photography, or visual arts. Attached is the flyer and the application with more information on each of the categories.



This year's theme is "Heroes Around Us." The applicants will be judged based on interpretation of the theme, creativity, and technique. The top ten in each category will move on to the PTA Council, and there will be prizes for best overall at Helix.

This is a fantastic opportunity for students to get recognized for their work. It looks great on college applications, and students could move to the state or even national level. It's an experience that will help them learn and grow through their art.

HELIX FOOTBALL GAME POLICIES & PURCHASING TICKETS ONLINE

TICKET PRICES:

- \$7 for Adults & High School Students without an ASB card
- \$3 for Younger Students (ages 6-13) & Senior Citizens
- FREE for HELIX Students with an ASB card. Go straight to the gate with your ASB card, no ticket needed.

The ticket booths accept **CASH ONLY**, and no bills larger than a \$20.

The lines for the ticket booth can get long, so plan accordingly.

You can skip the ticket booth line by purchasing your tickets online. There is a small fee for online purchases. Go straight to the gate with your online receipt! Purchase [here](#).

REMINDERS:

- **ALL STUDENTS MUST HAVE A PHOTO ID TO GET IN TO THE GAME. NO EXCEPTIONS.**
- **ALL HELIX STUDENTS MUST SIT ON THE HOME SIDE. NO EXCEPTIONS.**
- **ALL STUDENTS FROM OTHER SCHOOLS MUST SIT ON THE VISITOR SIDE. NO EXCEPTIONS.**

HELIX HOMECOMING DANCE - A NIGHT UNDER THE STARS

- Saturday, 10/6/18 from 7:00pm-10:30pm in the Helix Science Quad
- Tickets on sale NOW in the Dawg House.
 - \$15 with an ASB Card
 - \$35 without an ASB Card - You receive an ASB Card with the purchase of your Homecoming Ticket
 - \$35 for Guest
- Remember you need to get cleared before you purchase your ticket.
 - Clearance Forms must be signed by the Attendance Office, Library & Finance Office.
 - ANY TRUANCY will result in LOSS of Dance with NO REFUND!
 - Must have a 2.0 GPA based on most recent Progress Report.
 - Finance Office should be last stop, so you can purchase ticket at that time.
 - Clearance Forms & Guest Passes can be found in the Attendance Office, with the Grade Level Administrative Assistants & at the Front Desk in the Main Office with Mrs. Carroll.



- Last chance to purchase tickets will be on Friday, 10/5/18 @ Lunch.

COLLEGE CORNER

In August and September, your Grade Level Team and Student Support have provided the following:



- Promoting Helix sports and clubs through ExL, Helix First and Grade Level Team communications
- Classroom presentations on A-G and Graduation Requirements
- Parent/Guardian Family First evening presentation geared towards early planning for the college future
-

In October, your Grade Level Team will continue this support through:

- Continued work with students on understanding the Helix Graduation Requirements and A-G courses
- Wearing College Gear on Wednesday
- Thursday, October 4th - Understanding FAFSA (Student Financial Aid) (mostly geared towards Class of 2019) - 6pm in Room 1600.
- Thursday, October 18th-SAT vs. ACT Presentation, Room 1600 @ 6pm

STANFORD NEWS: EMBRACING STRESS

COMMUNITY SERVICE OPPORTUNITIES

It's time to start encouraging your students to start their community service hours! Here are a few opportunities throughout San Diego County.

- **BEAUTIFY CHULA VISTA (flyer attached)** -Take time to beautify Chula Vista. Important Information on flyer
- **PEE WEE SPORTS (flyer attached)**-Students are needed to help with the skills and drills practice on Friday nights. For more information please contact Coach Mark Horton @ 619-823-3754
- **PANCREATIC CANCER ACTION NETWORK** will host its annual PurpleStride Run/Walk at De Anza Cove in Mission Bay Park, and volunteers are needed from 6:30 a.m. to 11:00 a.m.

If any of you are interested in volunteering, register as volunteers on the PurpleStride San Diego website so that they can choose their t-shirt size and electronically sign the waiver. Instructions on how to do this are attached.

- **LA MESA POLICE DEPARTMENT**

- Interested in completing community service hours with the La Mesa Police Department?
- Beginning Saturday, 10/6/18 small groups of students will work with Mr. Diaz on community service projects in conjunction with the La Mesa Police Department.
 - Meet at the La Mesa Police Department Lobby @ 9:00am.
- For more information or to sign up, please contact Mr. Diaz @ jdiaz@helixcharter.net

Don't wait, start TODAY!



Beautify Chula Vista & Pee Wee Sports

[Download](#)
209.2 KB



Volunteer Registration Instructions for Purple Stride Run/Walk

[Download](#)
133.1 KB

PERFECT ATTENDANCE CHALLENGE

Did you know that children can suffer academically if they miss 10 percent of the school year? That's just 18 days or 2 to 3 days a month. And that can add up before you know it. This October, Helix Charter High School is participating in the National Attendance Challenge, with a renewed push to get all kids to school—on time, every day.

Research shows us that absences add up. That's as true for kindergartners as it is for 12th graders. It's as true for excused absences as it is for skipping school. We know there will be days when your child will miss school, especially when they're sick. But we know that nationwide, as many as 7.5 million students miss 10 percent of the school year? That's 135 million days of missed school – and missed opportunities. And research shows us it also marks the point when students start to fall behind academically because they have missed too many days.

So this October, for our Attendance Challenge, let's work together as a community – school and business leaders, parents, students, teachers, doctors, neighbors – to get all kids to school – on time, every day. **Please sign up on the "Get Schooled" link below.**





Get Schooled

getschooled.com

Start your journey to education success.



Attendance Works-ENGLISH.pdf

[Download](#)
382.1 KB



Assistir a la escuela es IMPORTANTE.pdf

[Download](#)
485.6 KB

<https://youtu.be/BIEPKH2Izxg>



VAPING/JUULING

Schools across the country have seen an increase in the use of "juuling", on campus and off campus. Take a minute to read the article and watch the video to learn more on what to keep an eye on with your teens.





What Parents Need to Know Abo...

offspring.lifehacker.com

One of the biggest topics right now in high school parent newsletters everywhere is the Juul. It's a popular e-cigarette system that looks a lot like a USB flash drive—you may have seen one in your teenager's room, figuring it contains an essay on *The Great Gatsby*. Based on Twitter and Instagram posts with the hashtag #doit4juul, students are "juuling" wherever, whenever—in school bathrooms, in libraries and under their desks in class. They're getting away with it because the device is discreet, the "cloud" can be hidden in a sleeve, and the vapor smells sweet and fruity, unlike cigarette smoke. Among teens, e-cigarettes are more popular than traditional cigarettes, and the Juul brand is currently king.

https://youtu.be/WLD7kW_uVEY



HIGHLANDER FLING: ISSUE 2

September was another building month for *The Fling*. Staff Writers are continuing their introduction to the different genres of journalistic writing. They properly concluded their first attempt at humor/opinion writing with a visit from Helix alum and *Huffington Post* "Weird News" Writer, David Moye, who has been so generous with his time and resources. You will see a humor/opinion piece on each issue this term. We will be workshopping film reviews next month and are excited to tell you all about the recent Mr. Rogers documentary, "Won't You Be My Neighbor?"



In the meantime, I invite you to peruse **Issue 2 (attached w/ links)**! In addition to this issue's pdf showcased stories, we look at a new wave of inclusion in Hollywood with [a review of the](#)

[film, *Crazy Rich Asians*](#); we take a walk through Club Rush to [highlight campus clubs](#); pose thoughtful analogies about [Senior Sunrise](#); break down the effects of [Hurricane Florence](#); and much more!

["Edge Lab Welcomes Helix Makers"](#)

["Helix Gym Undergoes Renovation"](#)

["Padres Call Up Urias & Mejia"](#)

Highland Fling – The Student Ne...

highlandfling.helixcharter.net

The Student News Site of Helix Charter High School



Highlander Fling - Issue 1

[Download](#)
428.3 KB

GRIEF GROUPS

The Helix Wellness Center will be conducting a Grief Group for students who have already participated in grief programs, and want to connect for support on campus. The group will be meeting on Tuesdays from 8:00 to 8:45 am in the Wellness Center



See/Email/Call Mrs. Yee in Wellness Center x227 for permission slip forms.

THE HERO IN EACH OF US: FINDING YOUR ROLE IN SUICIDE PREVENTION

Ninth District PTA has partnered with Rady Children's Hospital to hold a county-wide forum for parents/guardians to learn, engage, and plan together to address the problem of youth suicide, specifically focused on young people between the ages of 10-19. This is a unique opportunity to learn what you can do for suicide prevention in your family and your community.

Cost

There is no charge to attend, but seats are limited – first come, first served – register early to insure you have a place. The event includes refreshments and a box lunch.

Registration

For online registration click the box below.

[CLICK HERE TO REGISTER ONLINE](#)



Click here to download a form for mail, phone and email registration.

[Download](#)
184.8 KB

SPOTLIGHT OF THE MONTH!

As you already know Helix is an amazing school. We have so many programs for your student to get involved in. Here are this months club "spotlights".



Gaming/SMASH Club has outgrown it's current location! This ASPIRE afterschool program has over 85 regular participants. Some students begin competing this week against other schools throughout the county. Bring a friend and get involved!

Come check it out, every Thursday from 3-5pm in ExL.

Water Polo Fundamentals - perfect for Freshman girls wanting to learn how to play Water Polo. Come check it out, Tuesday and WEdnesday mornings fro 6-8am at the Helix Pool. Bring a friend and get involved!



Helix ASPIRE on Instagram: "Ov...

www.instagram.com

6 Likes, 0 Comments - Helix ASPIRE (@helixaspire) on Instagram: "Over 50 students showed up to the Gaming/SMASH Club! Come to Room 1605 on Thursdays after school to..."

Clubs and ASPIRE
Programs

What are you interested in?

Clubs and ASPIRE Programs

docs.google.com