

Parent/Guardian Newsletter

Issue 26: Nov. 2020

Greetings on Behalf of your SUCCE22 Team

With the end of Fall Semester Term 1, we are reminded of our students' resiliency despite the challenges they have faced this year.

We have successfully begun Phase 2 in our efforts to get students back on campus by providing students the opportunity to receive in-person support in a safe and supportive environment on Wednesdays and Fridays. For many students, its this in-person support that has truly made a difference in their morale and efforts to pass their classes.

Considering the upcoming holidays, we expect Fall Semester Term 2 to fly by. Please reach out to our Grade Level Team if there's anything we can do to make your student's experience this semester a successful one.

Paula Ann Trevino, Hugo Gonzalez, Alondra Lopez-Barajas, and Joan Urich.

GRADE LEVEL SPECIFIC ANNOUNCEMENTS

Spirit Gear

We are expecting Spirit Gear to be arriving in the next couple weeks.

Once it arrives, we will make an announcement regarding distribution.

SCHOOL-WIDE ANNOUNCEMENTS

NO SCHOOL

WHEN

Wednesday, Nov. 11th, 8am-3pm

WHERE

This is an online event.

MORE INFORMATION

In observance of Veteran's Day, there will be no school on Nov. 11th.

Accordingly, teachers will assign one less hour of asynchronous work for students to complete (2-4 hours for everyday classes and 1-2 hours for A/B).

For more information, please read the 11/02/2020 COVID-19 Community Update.

11.02.2020 COVID19 Community Update

This includes important Term II calendar reminders.



Attendance MATTERS!

Attend zoom classes for positive attendance. Contact teachers or Attendance Technician if you are going to miss class



Apply for free and reduced price meals today!

Each school year a new Free/Reduced meal application must be submitted to determine eligibility. In order to receive Free/Reduced Meal services this year, you will **need to submit a new meal application for 2020-2021**. If you have not done so already, please submit your application **as soon as possible**. The quickest way to **submit your application** is to apply online. Here is the link: <https://onlinemealapps.guhsd.net/> It is also available on the Helix website.

By submitting your application and qualifying, it provides your student with **fee waiver eligibility** and their families with other

household discounts. It also brings **essential funding to Helix that supports teachers, programs, materials and events at Helix.** Thank you for supporting Helix!

Please see the information below for more details:

Greetings Helix Charter High School families,

We hope you've had a great first semester of school! We need your help!

State and federal funding for each school is largely based on the unique characteristics of its students. Our school receives additional funding for students that are foster youth, English language learners, whose parents are active military, receive certain types of state and/or federal assistance, or whose family income is below a certain amount. To ensure our school receives the maximum level of funding, we need you.

By qualifying for the school breakfast and lunch program, you can positively impact the level of LCFF funding provided to support teachers, programs, materials and events at your school. Thanks so much for your help!

- Approval for free and reduced meals means you are automatically eligible for discounts on:
 - Electricity and Gas Service
 - SDGE – <http://www.sdge.com/residential/care-video>
 - Home Internet Access
 - Cox Communications – <http://connect2compete.org/cox/>
 - Other providers – <https://everyoneon.org>
 - **Home Phone Service**
 - Verizon or AT&T – <http://www.lifelinesupport.org/ls/eligibility/eligibility-requirements.aspx>
 - **Mobile Phone Service** – <http://www.lifelinesupport.org/ls/eligibility/eligibility-requirements.aspx>
 - **Computers for your home**
 - <https://everyoneon.org>
 - **Technology training classes**
 - <https://everyoneon.org>

Apply for free and reduced price meals today at online!

<https://onlinemealapps.guhsd.net/>

Thank you for supporting Helix!



CLICK ON THE "10/26 SPORTS UPDATE" IMAGE FOR MORE DETAILS.

The Athletic Clearance form is available online

An update on ASB Cards

Reimbursements may or may not be given depending on the outcome of the sport seasons.

If the seasons go as planned, students who purchased an ASB card will use them as they normally would.

If the season doesn't go as planned, or no fans are allowed, there will either be a partial or full refund of the ASB card.

OPPORTUNITIES FOR YOUR STUDENT ON CAMPUS

HELIX ARTIVISM

ACTIVISM THROUGH ART

Use all forms of art to protest and to inform communities about issues that are important to YOU.

Tuesdays from 2:15 - 3:15
Ms. Jendian's room 1310



**FREE ON-CAMPUS TUTORING IS AVAILABLE AFTER SCHOOL
THROUGH THE HUB!**

COMPLETE THE SURVEY BELOW TO SIGN UP!

Student Cohort Survey 2020-21

If your student is interested in Activism, or any other on-campus club opportunities, have them complete the survey above.

INTERESTED IN BUSINESS?

BUSINESS AND ENTREPRENEURSHIP CLUB

- **EXPERIENCE**
- **WORKSHOPS**
- **GUEST SPEAKERS**
- **COMPETITIONS**
- **AND MORE!**

ZOOM MEETINGS:
MONDAYS AT LUNCH (12-
12:40PM)

ZOOM ID: 97399095594
Password: BEClub

FOR QUESTIONS: CONTACT US AT
BUSINESSCLUB.HELIX@GMAIL.COM

UPDATES FROM OUR HELIX WELLNESS CENTER

Families for Depression Awareness: Webinar

Register for the following webinar to watch it on demand.

[Understanding Teen Depression](#)



Check out these helpful resources to help manage stress.

Be Strong Families

[Webinars for the Month of November in English and Spanish:](#)

Webinars Schedule & Registration:

English, Daily at 12:00pm CDT 10:00 pm Pacific

Wednesday, November 4, 2020, at 12:00pm CDT

[Fun Ways to Get Families Involved in Fitness at Home](#) with Tunga Otis

Español, todos los días a la 1:30pm CDT/ 11:30pm Pacific

Lunes, 2 de noviembre, 2020, a la 1:30 pm CDT

[El Porqué la Música Afecta mi Estado de Ánimo](#) con Javier Díaz

Check out the website for the entire list of free webinars being offered.



SCHOLARSHIPS TO APPLY FOR

FREE SPEECH ESSAY CONTEST

Eligibility

Open to juniors and seniors in U.S. high schools, including home-schooled students, as well as U.S. citizens attending high school overseas. Additional questions regarding eligibility may be emailed to essaycontest@thefire.org.

Word Length

Students must submit an essay between 700 and 900 words on the provided topic below.

Deadline

FIRE must receive all entries by 11:59 EST, December 31, 2020. Winners will be announced by February 15, 2021.

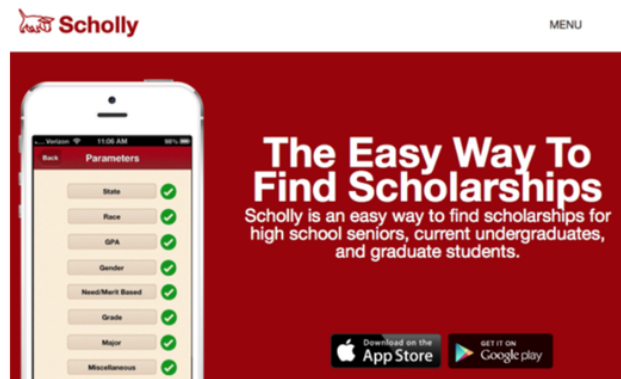
Scholarship Prizes

One \$10,000 first prize, one \$5,000 second prize, three \$1,000 third place prizes and four \$500 prizes will be awarded.

Scholarships

Research all necessary requirements for scholarships (i.e. essay, transcript, letter of recommendation, etc.)

- Naviance
 - Sallie Mae (National Scholarship Search)
 - Scholarship Match
 - Scholarship List
- Search Engines
 - Scholarships.com
 - Fastweb.com
- Phone Apps
 - Scholly



THE COOLIDGE A SCHOLARSHIP FOR AMERICA

The Coolidge Scholarship is a full-ride, four-year, merit scholarship that may be used by recipients for undergraduate study at **any accredited college or university in the United States**. Any high school junior who plans to enroll in college in the fall of 2022 and is an American citizen or legal permanent resident is eligible to apply (current high school seniors are *not* eligible to apply).

Coolidge Scholars are selected based primarily on academic excellence. Secondary criteria include: an interest in public policy, an appreciation for the values President Coolidge championed, as well as humility and service.

To apply, or learn more about the scholarship, visit their [website](#).

Deadline is **5:00 PM EST, Wednesday, January 20, 2021**

OPPORTUNITIES IN OUR COMMUNITY & BEYOND

LOOKING FOR VOLUNTEER OPPORTUNITIES?

Visit **TeensVolunteer.org**

Our website lists hundreds of
in-person and virtual volunteer
opportunities including:

- Tutoring kids online
- Cooking meals for the homeless
- Helping out at an animal shelter

... and much more!



TeensVolunteer.org

FREE SAT/ACT Workshops via Zoom every Thursday

- essential testing strategies
- study techniques
- work through targeted examples

TIME: 3:00 PM PDT - 4:00 PM PDT

ZOOM DETAILS: <https://zoom.us/j/97793364399> or use the meeting ID 977-9336-4399

Brought to you by *High Performance Tutoring*

SDSU Pacific Islander Student Association presents
our first Virtual High School Conference...

Hō'oumā TO CARRY ON

DAY 1: SATURDAY, NOV. 7TH, 2020, 2-5pm
DAY 2: SATURDAY, NOV 14TH, 2020, 2-5pm

FOR ANY QUESTIONS, EMAIL:
PISA.ACADEMIC.SDSU@GMAIL.COM



AI SCHOLARS LIVE ONLINE

AI CAMP FOR HIGH SCHOOL STUDENTS
BY STANFORD ALUMNI AND GRADUATE STUDENTS

Please fill out the application at www.inspiritai.com.

Application deadline:

Winter Break Program: **October 31st, 2020**

Spring Semester Program: **December 31st, 2020**

website: inspiritai.com | email: info@inspiritai.com | phone: (847) 778-8503

WHAT IS AI SCHOLARS?

What do self-driving cars, Alexa, and iPhone's face recognition technology have in common? They are driven by modern advances in Artificial Intelligence. AI Scholars Live Online is a pre-college enrichment program that exposes curious high school students globally to AI through live online classes, with a student-teacher ratio of 4:1. The program is developed and taught exclusively by Stanford alumni and graduate students specializing in AI. Learn more at: www.inspiritai.com



HBCU VIRTUAL COLLEGE FAIR

Register TODAY! **eventbrite**



Explore opportunities at some of the nation's Best-In-Class HBCUs!

How To Register!

1. Visit us at HBCUCollegeFair.com!
2. Select 'Events' at the top
3. Scroll down to 'Event Listings'
4. Find your school
5. Click REGISTER

Follow Us! @hbcucollegefair



San Diego Unified
SCHOOL DISTRICT

Tuesday, Nov. 3rd, 2020
12pm - 2pm PST



San Diego Unified
SCHOOL DISTRICT

Tuesday, Nov. 10th, 2020
4pm - 6pm PST



FALL SHOWCASE **NOVEMBER 7, 2020**

This virtual event will give your students an inside look at Triton life, including presentations on academics, student life and what makes UC San Diego so special! All prospective students and their families are welcome. Space is limited.



Online UC San Diego Research Programs for High School Students

The UC San Diego Department of Bioengineering and UC San Diego Extension are pleased to offer online courses to high school students who are interested in exploring the field of Bioengineering.

Course offerings are based on fun, experiential, at-home activities that allow students to engage with hands-on research techniques. Students will learn how to plan exercises, gather and analyze results, and participate in post-lab discussions.

These programs provide general science and engineering foundations and enable a guided research project in collaboration with active UC San Diego researchers.



USC Bovard Scholars



- Junior in high school (11th grader) at time of application
- Currently hold a 4.0 GPA or above
- Enrolled in Algebra II, Trigonometry or above
- Demonstrate financial need

If selected, each Bovard Scholar will have one full year of support through the admissions cycle and spend three weeks on the USC campus, where they will receive:

- Personalized career exploration
- Expert admission and financial aid support
- Comprehensive test preparation
- Leadership development

This year, the summer intensive runs from July 11, 2021 through July 31, 2021.

We offer the program at no cost to students or families. USC will pay for transportation to and from campus for students coming from outside of Southern California.

[Applications are due](#) January 15, 2021, at 5:00pm PST.



This Year's Theme is *I Matter Because...*

The theme for the 2020-2021 program year is *I Matter Because....* Students submit their completed works of art in one or all of the available arts categories: Dance Choreography, Film Production, Literature, Music Composition, Photography, Visual Arts.

The deadline to submit your entry is Wednesday, November 4, 2020. You can submit your entry via email to helixhspts@gmail.com; in person at Helix's front office or contact Angelica Arellano at (619) 900-8563 to make special arrangements.

The annual Reflections theme is created by a student and selected two years in advance through our annual theme search contest. This year's theme was submitted by a then 1st grader, Rylee Stier, who drew inspiration from her town being impacted by the CA wildfires of 2018.



UNDOCUALLY

**Welcome to the
College Center!**
We are located in
Room 180



Family Presentations/Workshops	Virtual College Events	College Credit While in High School	Explore the UC Campuses 2020
Making an appointment	College Application Support	Financial Aid Information	

How to Create a Great College List - With acceptance rates dropping every year to record lows, it's super important to have a balanced college list. Why? Every single year I hear from students who didn't get admitted to their "target" schools and yes, even what they called their "safety" schools (I'm thinking of the UCs this year). Here's my guide on how to figure out what you're looking for and ultimately make sure you have a balanced college list, plus a handy-dandy spreadsheet with tips on where to research and how to track everything.

How to Get a Great Letter of Recommendation from Teachers - If you're a junior, the end of the year (after APs and finals) is a great time to give your teacher a heads up that you'd like to ask them for a recommendation when application time comes around next fall. *But how do you ask and ultimately get a solid recommendation letter?* It starts with building authentic relationships with your teachers. The blog post linked above provides a step-by-step guide.

Visit the Helix College Center's website!

Check out CSU Los Angeles!

College of Engineering, Computer Science and Technology
Information Session

Friday, November 6 3:00pm-4:30pm

Learn about the College of Engineering, Computer Science & Technology's nationally recognized engineering programs, Internship and research opportunities, student experiences, and ask questions with the academic college live.



College of Business & Economics Information Session

Saturday, November 7th 9:00am-10:30am

Learn about the College of Business & Economics' nationally recognized business program, internship and research opportunities, student experiences, and ask questions with the academic college live.

Cal State LA Admission Information Session

Tuesday, November 17th 3:00pm-4:00pm

Learn about Cal State LA's nationally recognized academic program, hands-on learning experiences, student involvement opportunities, and admission information.



MONEY4COLLEGE.ORG

Learn how to **BEAT THE HIGH COST OF COLLEGE** — FINANCIAL AID MINI WORKSHOP —

The financial aid system doesn't work by just completing a FAFSA and hoping! It is a very specific and complex set of rules that will determine how much you will pay and how much financial aid you can get at each school. When you know the rules, you can play to win. Your opponents (the government and schools) know them very well. Unfortunately, most parents simply don't know the rules of the financial aid game. Let us help!

FINANCIAL AID MINI WORKSHOP #9

Understanding the Financial Aid Equation:

How does it all work?

CLICK TO VIEW WORKSHOP

The **HEFAR** Group is a non-profit company with a mission to help make college more affordable for everyone. As one of the top college funding advisors in the country, we know every loophole available to help you get more free money for college. Click above to view this week's Financial Aid Mini Workshop.



MONEY4COLLEGE.ORG

Learn how to **BEAT THE HIGH COST OF COLLEGE** — COUNSELOR MINI WORKSHOP —

Parents don't realize that the Base Year for income is the prior-prior tax year. Which means the tax year that is 2 years prior to the year their student will start college is the first year that matters for financial aid. That is shockingly soon for most parents and causes them to start their college planning too late. Let's change that!

COUNSELOR MINI WORKSHOP #15

Most common questions:
Timing of the Base Year

CLICK TO VIEW WORKSHOP

The **HEFAR** Group is a non-profit company with a mission to help make college affordable for everyone. As one of the top college funding advisors in the Country, we have presented at NACAC National College Fairs, on expert panels at conferences, and at thousands of high school financial aid nights. Click above to view this month's Counselor Mini Workshop.

HELIX STAFF IN THE SPOTLIGHT!



Angelique Gianas

ENGLISH TEACHER, HELIX CHARTER HIGH SCHOOL

Angelique Gianas is an English Teacher at Helix Charter High School in San Diego, California. Her passion lies in creating meaningful relationships with her students and teaching engaging lessons with their interests in mind. Angelique received her BA in English in 2014 and her MA in Teaching in 2019, both from San Diego State University. She was SDSU College of Education's Outstanding Graduate of 2019 for her work at Helix and in the master's program. Angelique founded Helix's competitive esports and casual gaming clubs, which host 60+ students each week. Her dream is to create and teach a Gaming As Literature course to encourage students to explore the literary depth of some of the best video games.

Under the guidance of Ms. Gianas, two of our very own Class of 22 students were able to participate at the UCI Esports Conference on the Student Perspectives: Future of High School

Scholastic Esports panel discussing how being part of the esports community has provided them with unique opportunities to connect with their peers, pursue their passions, and discover their purpose.

We're super excited to see the future of Esports!

The End of an Era: Coach Singer Announces his Retirement

After 50 years in the Helix basketball program as a player and coach, John Singer is retiring. He has spent the last 39 years at the helm of one of the most successful programs in the CIF San Diego Section. Under his leadership, his teams won 19 League Championships, four boys CIF Championships, and one girls CIF Championship.

John compiled 741 wins with his boys teams and another 200 coaching the girls. In 2017, his team won the CIF Championship, SoCal Regional, and was the State Runner-Up. He leaves as the second most winningest basketball coach in CIF San Diego Section history.

We thank John for his service to our student-athletes and wish him well in retirement.

There is currently a petition to have the Helix Gymnasium named after Coach Singer to commemorate his work with the Helix Basketball. If you feel ever so inclined, you can sign the petition [here](#).



JOHN SINGER
Coach | Helix Basketball -39 years

Statement from Coach Singer:
I am retiring after 50 years as a player and coach in the Helix basketball program I would like to thank my family, loyal assistant coaches and players for their hard work, dedication, and commitment to our success.

CAREER HIGHLIGHTS:
- 741 BOYS WINS +200 GIRLS WINS
-19 LEAGUE CHAMPIONSHIPS
-4 BOYS CIF CHAMPIONSHIPS
-1 GIRLS CIF CHAMPIONSHIP
-STATE RUNNER-UP 2017

Helix Charter H.S. thanks Coach Singer for his 39 years of service as our Basketball Coach. Your service, and commitment to our student-athletes has been appreciated and will be missed. Best wishes in retirement Coach Singer!

#ONCE.ALWAYS



Stay in Touch

Follow us on Social Media:

Instagram- Helixsucce22

Facebook: Helix Class of 2022