

WEDNESDAY, SEPTEMBER 18, 2019

Activity: CCC: Comparing College Systems

- Please review the link below Comparing the California Higher Educational Systems [Comparing College System Handout](#).

Announcements

- 2019 HELIX HOMECOMING REVEAL
 - Click on the link above & show the video from ASB to reveal the 2019 Helix Homecoming Theme.
 - **SAVE THE DATE - 2019 HELIX HOMECOMING**
 - Saturday, 10/5/19 from 7pm-10pm in the Helix Science Quad
 - Buy your tickets now at the Dawg House/Finance Office
 - \$15 **WITH** ASB Card
 - \$35 **WITHOUT** ASB Card
 - Remember you must get CLEARED to attend Homecoming.
 - Pick up your clearance form & guest passes (if you plan on bringing someone from another school) from the Attendance Office TODAY.
- PSAT - SATURDAY, 10/19/19
 - Registration is **OPEN** for the PSAT at Helix on **Saturday, 10/19/19**.
 - The PSAT can be purchased for \$20 at the Finance Office/Dawg House until **MONDAY, 9/16/19**.
- APPLY NOW FOR FREE & REDUCED MEALS
 - Apply for free and reduced price meals today at <https://onlinemealapps.guhsd.net/> or see your Grade Level Team for an application.
 - Get your application in early to avoid processing delay.
 - Benefits of qualifying include:
 - Breakfast & Lunch in the Cafeteria
 - Fee Waivers for AP Tests
 - Fee Waivers for ACT/SAT Tests
 - Fee Waivers for College Applications

COMMUNITY SERVICE OPPORTUNITIES

- BEAUTIFY CHULA VISTA - SATURDAY 10/19/19
 - VOLUNTEERS NEEDED FOR THE 17TH ANNUAL BEAUTIFY CHULA VISTA DAY!
 - If you have questions about this event or would like more information, please don't hesitate to contact: **Nikolas Kennedy** with I Love A Clean San Diego. Call (619) 795-1060, or send him an email to: nkennedy@cleansd.org
 - To register, please complete [the waiver](#) and use the [link](#) to sign up.

- ROLANDO ELEMENTARY FALL FESTIVAL - FRIDAY, 10/25/19
 - Rolando Elementary is looking for volunteers for their Fall Festival on Friday, 10/25/19 from 3:00pm - 9:00pm.
 - They need help with set-up, working the carnival booths, break-down & other tasks throughout the evening.
 - A FREE MEAL will be provided to those you volunteer.
 - If you are interested please contact Darci Payne, Rolando PTA VP of Volunteers at darci.v.payne@icloud.com

ATHLETIC EVENTS

- CROSS COUNTRY
 - *Varsity* - Saturday, 9/21/19 @ Mt. Carmel/ASICS Invitational @ 3:30pm
- BOYS SAND VOLLEYBALL
 - *Varsity* - Thursday, 9/19/19 vs Coronado High School @ TBD, Neutral Site
- BOYS WATER POLO
 - *Frosh/Soph*
 - Thursday, 9/19/19 @ Carlsbad High School @ 3:00pm
 - Saturday, 9/21/19 @ Helix Tournament B @ TBD
 - Saturday, 9/21/19 @ Helix Tournament B @ TBD
 - Saturday, 9/21/19 @ Helix Tournament vs Santana High School @ 8:00am
 - *Novice*
 - Thursday, 9/19/19 @ Carlsbad High School @ 4:00pm
 - Saturday, 9/21/19 @ Helix Tournament B @ TBD
 - Saturday, 9/21/19 @ Helix Tournament B @ TBD
 - Saturday, 9/21/19 @ Tournament vs Del Norte High School @ 10:15am
- FOOTBALL
 - *Frosh* - Thursday, 9/19/19 vs St. Augustine High School @ 5:15pm
 - *JV* - Thursday, 9/19/19 @ St. Augustine High School @ 3:30pm
 - *Varsity* - Friday, 9/20/19 @ St. Augustine High School @ Mesa College @ 7:30pm
- GIRLS FIELD HOCKEY
 - *JV* - Friday, 9/20/19 vs La Jolla High School @ 4:00pm
- GIRLS GOLF
 - *Varsity* - Thursday, 9/19/19 vs Steele Canyon High School @ 3:15pm
- GIRLS VOLLEYBALL
 - *Frosh* - Thursday, 9/19/19 @ El Cajon Valley High School @ 4:00pm
 - *JV* - Thursday, 9/19/19 @ El Cajon Valley High School @ 4:00pm
 - *Varsity*
 - Thursday, 9/19/19 @ El Cajon Valley High School @ 5:30pm

- Friday, 9/20/19 @ Tournament @ vs TBA 3:00pm TBD
- Saturday, 9/21/19 @ Tournament vs TBA @ 8:30am