

WEDNESDAY, JANUARY 22nd, 2020

TODAY'S ACTIVITIES:

- SOPHOMORE INTERVIEW -

- LESSON OBJECTIVES FOR 1/16/19:

- [Yes Test](#) (video)
- Please distribute the Yes Test to each of your students
- Students need to partner up & complete a Yes Test for their partner
- On the Yes Test the students can earn three different grades
 - Yes - Means it is on the website, can be seen and is complete
 - No - Means it is not on the website
 - Incomplete - Means it on the website, can be seen, but the document is incomplete.
- Please submit **ALL (COMPLETE OR INCOMPLETE)** Yes Tests, to Mrs. Street or Mr. Gonzalez by 3:01pm TODAY, Wednesday, 1/22/2020
- Sharing your Digital Portfolio ["take 2"](#)
 - We had a handful of links not working, please watch the "take 2" video for another option on sharing the link

- ALL LESSONS/ACTIVITIES

- Can be found on the [Sophomore Interview Website](#) (link is posted on the [Class of 2022 Canvas Home Page](#))

- EXTRA SUPPORT

- Students that still need help getting on track can stop by Mrs. Street or Mr. Gonzalez' office during break, lunch, after school or by appointment.

- REMINDERS

- Please make sure you share all the documents on your Digital Portfolio Google Site **with anyone at Helix**
- Please make sure you edit all documents with your personal information. Remove Scottie Dawg Picture & add your own; remove Scottie Dawg Name & add your own.
- Make your Digital Portfolio Google Site your own - be creative!

1/22/20	Yes Test - Soph Interview (Paper)
1/29/20	Statement of Educational Purpose Transcripts/Update Resume/Add Reflections - (Parent Shadow Day)
2/5/20	Yes Test - Soph Interview & Review Interview Questions
2/12/20	Mock Interview Pairs - Sophomore Interview (Interview tips, what to wear, etc)

2/19/20	Final Preparation
2/26/20	SOPHOMORE INTERVIEW

- **PARENT/GUARDIAN SHADOW DAY - WEDNESDAY, 1/29/20**
 - The adjusted bell schedule for the day can be found [HERE](#).
- **GROSSMONT DUAL/CONCURRENT ENROLLMENT CLASSES - SPRING 2020**
 - If you are taking a college class through Grossmont in the Spring 2020 **AT HELIX (ON OUR CAMPUS, DURING OUR SCHOOL DAY)**, you DO NOT need to pay the \$21 fee.
 - You will continue to get emails from the college as it takes awhile for them to clear your account.
 - Sometime in February 2020, when we are told the accounts have been cleared, you will receive an email from the Helix College Center instructing you to check your balance in WebAdvisor & inform us if you still have a fee listed.
 - Students taking a college class **AT THE COLLEGE OR ONLINE (NOT ON THE HELIX CAMPUS)** **MUST** pay the student fee, \$21 for Grossmont or \$25 for Cuyamaca.
 - You also are responsible for paying for your own textbooks, supplies & materials.
- **WINTER FORMAL - SATURDAY, 1/25/20**
 - 7pm - 10:30pm @ Sunset Temple in North Park
 - Ticket Prices:
 - \$45/person or \$85/two people
 - In order to attend the dance, you must get cleared.
 - Get the clearance slip in the Attendance Office.
- **MINDFULNESS GROUP**
 - Are you feeling stressed, anxious, or scattered?
 - If so ALL STUDENTS ARE WELCOME to join the Mindfulness Group starting Thursday, 2/13/20 at Lunch in the Wellness Center with Mrs. Yee & Mr. Madden.
 - Come practice self-care, calm your anxiety & stress, & create balance.
 - If you have any questions you can email Mrs. Yee @ yee@helixcharter.net or Mr. Madden @ madden@helixcharter.net

COMMUNITY SERVICE OPPORTUNITIES

- **KAISER PERMANENTE SUMMER VOLUNTEER OPPORTUNITY**
 - The Kaiser Permanente Junior Summer Program is now accepting applications.
 - We are excited to be able to offer this opportunity to students in our community.

- The application window will close on February 28th, 2020
- To apply for the program click this link
<https://tinyurl.com/KPJr2020> or view the application [HERE](#).
- If you have any questions, please contact Stacie Scheet, Volunteer Guest Services @ 858-266-2675 or Stacie.M.Scheet@kp.org

ATHLETIC EVENTS

● BOYS BASKETBALL

- *Frosh* - Saturday, 1/25/20 @ High Tech CV High School @ 2:00pm
- *JV* - Friday, 1/24/20 @ Mt. Miguel High School @ 5:30pm
- *Varsity* - Friday, 1/24/20 @ Mt. Miguel High School @ 7:00pm

● BOYS SOCCER

- *JV* - Thursday, 1/23/20 vs Santana High School @ 4:30pm
- *Varsity* - Thursday, 1/23/20 vs Santana High School @ 6:30pm

● GIRLS BASKETBALL

- *Frosh* - Saturday, 1/25/20 @ El Cajon Valley High School @ 11:00am
- *Varsity* - Friday, 1/24/20 @ Mt. Miguel High School @ 5:30pm

● GIRLS SOCCER

- *Novice*
 - Friday, 1/24/20 @ West Hills High School @ 6:00pm
 - Saturday, 1/25/20 vs Our Lady of Peace High School @ 8:20am
- *JV* - Thursday, 1/23/20 @ Granite Hills High School @ 4:30pm
- *Varsity*
 - Thursday, 1/23/20 @ Granite Hills High School @ 6:30pm
 - Saturday, 1/25/20 vs Central High School @ 10:00am

● GIRLS WATER POLO

- *Novice*
 - Wednesday, 1/22/20 vs Santana High School @ 6:30pm
 - Friday, 1/24/20 @ Westview High School @ 5:30pm
- *JV*
 - Wednesday, 1/22/20 vs Santana High School @ 4:30pm
 - Friday, 1/24/20 @ Westview High School @ 3:30pm
 - Saturday, 1/25/20 Helix Green (Game 3) @ SD Open vs TBD @ TBD
 - Saturday, 1/25/20 Helix Green (Game 4) @ SD Open vs TBD @ TBD
 - Saturday, 1/25/20 Helix Green (Game 5) @ SD Open vs TBD @ TBD
 - Saturday, 1/25/20 Helix White (Game 3) @ SD Open vs TBD @ TBD

- Saturday, 1/25/20 Helix White (Game 4) @ SD Open vs TBD @ TBD
- Saturday, 1/25/20 Helix White (Game 5) @ SD Open vs TBD @ TBD
- *Varsity*
 - Wednesday, 1/22/20 vs Santana High School @ 5:30pm
 - Friday, 1/24/20 @ Westview High School @ 4:30pm