

MONDAY: April 13, 2020

Hi again Class of 2023!

Welcome to the first week of distance learning! I've attached our new schedule below and a to-do list for your reference. Remember that this is new for ALL of us. We are navigating this uncharted territory together. We know that it is easy to feel stressed and confused during this transition... it's understandable!

Try your best to stay informed by checking your emails, stay connected by reaching out to Helix staff or classmates, and stay healthy by washing your hands and staying home!

Student Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
10-11:30 AM	Student To-Do List: 1. Check Canvas. 2. Contact the teacher if you have questions.	10-11:30 AM Period 1 or 1A Optional Instruction & Support*	10-11:30 AM Period 2 or 2A Optional Instruction & Support*	10-11:30 AM Period 3 or 3A Optional Instruction & Support*	10-11:30 AM Period 4 or 4A Optional Instruction & Support*
11:30-12:30 PM		Break 11:30am - 12:30pm			
12:30-2 PM	3. Check email for Advisory and other information. 4. Plan week and start learning!	12:30-2 PM Period 1 or 1B Optional Instruction & Support*	12:30-2 PM Period 2 or 2B Optional Instruction & Support*	12:30-2 PM Period 3 or 3B Optional Instruction & Support*	12:30-2 PM Period 4 or 4B Optional Instruction & Support*
2-6 PM	2 - 6 PM Additional Academic Support Tutorials (by appointment for all students) & ASPIRE Enrichment Programs**				

*Students should check CANVAS class pages for the synchronous support being offered Tuesday through Friday

**Some ASPIRE Programs will run in the morning before the 10am support periods and in the afternoon

Your to-do list for today:

- ☐ Check your Canvas page for this week's assignments and announcements
 - These assignments will be due by **Sunday at 11:59 PM**
 - See something that looks wrong on your Canvas dashboard? Please check your StudentVue for your most accurate schedule.
 - [Need help logging in?](#)
- ☐ Contact your teachers via email if you have any questions

- ❑ Check your email and read the Advisory bulletin from Ms. Meza and any other email updates from your teachers or Helix staff
- ❑ Plan your week, work on your assignments, and learn!
 - During the week, make sure to take advantage of the [additional afternoon academic support](#) and [Aspire programs](#) (offered in the mornings and afternoons)

ANNOUNCEMENTS:

- New Aspire programs have been added to the [Aspire Goes Digital Calendar](#)
- The Academic Support Program is here for you!
 - Additional Academic Support is available for ALL STUDENTS between the hours of 2-6 pm
 - [Click HERE to schedule your appointment with the Academic Support Program](#)

REMINDERS:

- The assignments/activities that your teachers posted today will be due on **SUNDAY by 11:59 PM**
- Having Chromebook issues? The Helix Tech Window remains open to students by appointment only
 - [Schedule an appointment HERE](#)

You will do great Scotties! We've got this!