

HCHS:

**COLLEGE CREDIT
PROGRAMS**

Facts:

- Opportunity to earn college credits while in high school
- Tuition expenses are waived
- Gain confidence in ability to perform at a college level
- **Grades are a part of a student's permanent collegiate record.** (will be calculated in the college GPA)

Facts:

- **Student is responsible for all** aspects of communication, enrollment and grades.
 - No one else may speak on behalf of the student including: Parents/Guardians and high school personnel.
- There is no rush to take classes. Students should not be taking multiple classes to “get things done”.

Types of Programs @ Helix:

- Articulation
- Dual Enrollment
- Concurrent Enrollment

Articulation

- High School Course with an agreement through GCCCD for opportunity to earn college credit
 - To earn college credit, student must:
 1. Pass both semesters of high school course with a B grade or better.
 2. Turn in a completed “Student Petition for Articulated Credit” form to their instructor before the end of the course.
 - a. Student must have an active college application on file
 - b. Student must know their GCCCD ID

Current Articulated Courses at Helix:

- | | |
|----------------------------|---------------------------|
| ● AP Computer Science A | ● Film Production |
| ● English for Business | ● Psychology of Children |
| ● Empowering Entrepreneurs | ● Teaching & Learning 3/4 |

Dual Enrollment

- College Course taught on Helix campus under a [CCAP](#) agreement
 - To earn college credit, student must:
 1. Be enrolled in both high school and college course.
 - a. Must have active application at college
 - b. Must have submitted a complete High School Authorization form signed by student, parent/guardian and school official
 - c. Verify college enrollment in Webadvisor account
 2. Pass class based on instructors syllabus.

*All expenses are covered for the student including tuition, fees, textbooks and materials

Concurrent Enrollment

- College Course taught at the college campus or online
 - To register for a class, student must:
 1. Be enrolled in the college course.
 - a. Must have approval of Grade Level Team
 - b. Must have active application at college
 - c. Must have submitted a complete High School Authorization form signed by student, parent/guardian and school official
 - d. Enrollment through Webadvisor account
 2. Pass class based on instructors syllabus.

*Student is responsible for all costs except for tuition, including: fees, textbooks and materials

Concurrent Enrollment

- College Course taught at the college campus or online
 - To earn high school credit, student must:
 1. Have approval from their Grade Level Team prior to registration
 2. Enroll college course.
 - a. Must have active application at college
 - b. Must have submitted a complete High School Authorization form signed by student and parent/guardian
 - c. Enrollment in Webadvisor account
 3. Send copy of schedule to college center
 4. Pass class based on instructors syllabus.
 5. Send copy of final grades by term to college center before the start of the next semester.

Enrollment Guidelines:

- Students must remain below the college Full-Time enrollment Status.
 - Fall/Spring: Full time enrollment is 12 college units, so high school students may not enroll in more than 11.5.
 - Summer: Full time enrollment is 8 college units, so high school students may not enroll in more than 7.5.

Enrollment Guidelines:

- Students should not take on more than they are willing to work for A grades in.
 - Consideration should be given to high school schedule, outside commitments and past academic performance.
- Students should focus on areas that interest them so they will have the best chance of success.

Dual Enrollment Options:

- [Helix Course Catalog](#)
- Typical [Choices](#) by Grade:
 - 10th: History, Music
 - 11th: AOJ, Business, English, History, LOTE, Music
 - 12th: AOJ, Business, Counseling, Economics, English, LOTE, Science, Math, Music, Political Science

IMPORTANT INFORMATION

All courses on IGETC must be completed with a grade of "C" or better. Grades of "C-" are not acceptable. Each course acceptable for IGETC must have a minimum 3 semester or 4 quarter unit value. Students wishing to use a course to meet an IGETC requirement must be sure that the course is on the IGETC list during the academic year when it is taken.

- *UC credit may be limited. (1) No credit given for an introductory course if taken after more advanced college course, (2) credit may be limited for courses with overlapping content, (3) duplicate credit will not be awarded for both the Honors and regular version of a course.
- **Courses taken at regionally accredited colleges or universities that are not part of the California Community College system can meet general education requirements for IGETC. Approval of IGETC placement is done by the Articulation Officer, M. Denise Aceves, via the "Pass Along" review process.
- Certification is a UC admission requirement and students must request certification from the Grossmont College Office of Admissions & Records.
- Area F is a new CSU Graduation Requirement that is NOT part of IGETC for 21-22. CSU bound students may complete prior to transfer.
- *Disclaimer: Every effort has been made to ensure the information below is accurate and timely. However, this information is unofficial and should be checked against the official information found on the ASSIST website @ www.assist.org. This advising sheet is a Counselor tool to be used with students.

Requirements are subject to change. Please work with a counselor to develop a student educational plan that includes major preparation.

[Complete
IGETC
Document](#)

Complete IGETC Document



GROSSMONT COLLEGE

IGETC - Intersegmental General Education Transfer Curriculum

May be used for General Education Certification for the University of California and/or California State University

2021-2022

Attention Students: CSU GE choices for transfer may differ between Cuyamaca and Grossmont. If you plan to attend both colleges, it is strongly recommended that you check www.assist.org, meet with a Counselor, and check the individual colleges' catalogs for course information.

Name: _____

Student ID: _____

Student Email: _____

Counseling Appointment Date: _____

AREA 1: ENGLISH COMMUNICATION			
<p>UC: TWO courses and 6 semester/8 quarter units are required. Select ONE each from group A and B. CSU: THREE courses and 9 semester/12 quarter units are required. Select ONE each from group A, B and C.</p>			
1A ENGLISH COMPOSITION English 120; English as Second Language 122 **Other Regionally Accredited College Course: _____ AP _____	Completed	In Progress	Need
1B WRITTEN THINKING/COMPOSITION English 124 **Other Regionally Accredited College Course: _____	Completed	In Progress	Need
1C ORAL COMMUNICATION – Required for CSU transfer <u>only</u> Communication 120, 122, 130 **Other Regionally Accredited College Course: _____	Completed	In Progress	Need
AREA 2: MATHEMATICAL CONCEPTS AND QUANTITATIVE REASONING			
<p>ONE course and 3 semester or 4 quarter units are required.</p>			
2A SELECT ONE COURSE: Mathematics 120, 125, 160, 175, 176, 178, 180, 245, 246, 281, 285, 285; Statistics: Anthropology 215; Biology 215; Economics 145; Mathematics 160; Psychology 215; Sociology 215 **Other Regionally Accredited College Course: _____ AP/IB _____	Completed	In Progress	Need
AREA 3: ARTS AND HUMANITIES			
<p>Select ONE course from the Arts and ONE course from the Humanities. Select a THIRD course from either area. 3 courses and 9 semester or 12 quarter units are required.</p>			
3A ARTS Art 100, 120, 130, 140, 141, 142, 143, 145, 146, 147; Dance 110, 120; Ethnic Studies 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000 **Other Regionally Accredited College Course: _____ AP/IB _____	Completed	In Progress	Need
3B HUMANITIES Arabic 121, 123, 148, 220, 221; American Sign Language 121, 140, 220, 221; Chinese 121, 220, 221; Communication 144; English 122, 2, 215, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 231, 232, 236, 237, 238; Ethnic Studies 133, 135, 136, 144, 236, 237, 238; French 121, 140, 220, 221; German 121, 220, 221; History 100, 101, 103, 105, 106, 126, 135, 136, 137, 148; Humanities 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000 **Other Regionally Accredited College Course: _____ AP/IB _____	Completed	In Progress	Need
ADDITIONAL COURSE FROM AREA 3A OR 3B _____ **Other Regionally Accredited College Course: _____ AP/IB _____	Completed	In Progress	Need

AREA 4: SOCIAL AND BEHAVIORAL SCIENCES

Select courses from at least TWO different subjects.

THREE courses and 9 semester/12 quarter units are required.

*CSU American Institutions courses are bolded and underlined.

Administration of Justice **110**; Anthropology 120, 122, 127, 140; Child Development 115, 125; Communication 124, 144; Economics 110, 120, **121**, 161; Ethnic Studies 114, 115, **118, 119**, 125, 127, 128, **130, 131**, 132, 135, 143, 144, 145, 150, **180, 181**; Family Studies 115, 120; Gender Studies 116, 117, 154, 155; Geography 100, 101, 106, 130, 170; History 100, 101, 103, 105, 106, **108, 109**, 113, **114, 115, 118, 119**, **122, 123**, 124, 126, **130, 131**, 136, **137**, 148, 154, **155, 180, 181**; Media Communications 110; Political Science 120, **121**, 124, 130, **140**, 155, 160; Psychology 120, 125, 134, 138, 140, 150, 170, 211, 220; Sociology 114, 120, 125, 130, 138, 140, 150

**Other Regionally Accredited College Course: _____ AP/IB _____

ADDITIONAL COURSE FROM AREA 4 _____

**Other Regionally Accredited College Course: _____ AP/IB _____

Completed In Progress Need

[Complete](#)
[IGETC](#)
[Document](#)

Complete IGETC Document

AREA 5: PHYSICAL AND BIOLOGICAL SCIENCES						
Select ONE course from the Physical Sciences and ONE course from the Biological Sciences. One course from group A, or group B, MUST have a corresponding lab (non-lab courses are underlined). 2 courses and 7 semester or 9 quarter units are required.						
5A PHYSICAL SCIENCE: <u>One</u> Course Required Astronomy 110, 120; Chemistry 102, 110, 113, 115, 116, 120, 141, 142, 231, 232, 241, 242; Geography 120, 140; Geology 104, 110, 121, 210; Oceanography 112; Physics 101, 130, 131, 140, 201, 202, 203, 240, 241; Physical Science 100, 110, Science 110 **Other Regionally Accredited College Course: _____ AP/IB _____	Completed	In Progress	Need			
5B BIOLOGICAL SCIENCE: <u>One</u> Course Required Anthropology 130; Biology 105, 110, 112, 114, 118, 120, 140, 141, 144, 145, 152, 230, 240; Chemistry 117 **Other Regionally Accredited College Course: _____ AP/IB _____	Completed	In Progress	Need			
5C LABORATORY ACTIVITIES: <u>One</u> Lab Course Required Anthropology 131; Astronomy 112; Biology 141L; Chemistry 241L, 242L; Geography 121; Geology 111; Oceanography 113; Physical Science 111 **Other Regionally Accredited College Course: _____ AP _____	Completed	In Progress	Need			
AREA 6: LANGUAGE OTHER THAN ENGLISH – REQUIRED FOR TRANSFER TO UC <u>ONLY</u>						
Proficiency equal to two years of study in high school with grades of "C-" or better. Note: This is the only time a "C-" may be used for IGETC certification. OR select ONE course from the following: 1. Arabic 120; American Sign Language 120; Chinese 120; French 120; German 120; Italian 120; Japanese 120; Russian 120; Spanish 120; English as a Second Language 122, 123 2. Two (2) years of high school coursework in the same foreign language with a grade of "C-" or higher. 3. Achieve a score of 3 higher on the College Board Advanced Placement Exam in a language other than English. 4. Achieve a score of 500-540 (depending on the language-verify with counselor) on the SAT II: Subject Test in Languages other than English. 5. Achieve a score of 5 or higher on the International Baccalaureate (IB) Examinations in a language other than English. English "O" level exams (score of "A", "B" or "C") and English International "A" exams (score of 5, 6 or 7) also accepted. 6. Documented satisfactory completion of 2 or more years of formal schooling at the 6 th grade level or higher in an institution where the language of instruction is not English. Must earn a grade of "C" or higher. 7. Statement from a faculty member-verifying competency. Please meet with a counselor for more information on this option. **Other Regionally Accredited College Course: _____ AP/IB _____				Completed	In Progress	Need
U.S. HISTORY, CONSTITUTION, AMERICAN IDEALS – CSU GRADUATION REQUIREMENT <u>ONLY</u>						
All California State Universities have a graduation requirement in U.S. History, Constitution, and American Ideals. Although this is not a transfer requirement, it is recommended students take it prior to transfer to a CSU. Courses used to meet this requirement may also be used to meet required units in Area 4. Courses are found in Area 4 in bold and underlined .						
Option 1: Choose ONE course from List A and ONE from List B List A: Ethnic Studies 118, 130, 180; History 107, 109, 114, 115, 118, 122, 130, 180 List B: Ethnic Studies 119, 131; History 109, 114, 119, 121, 124, 131; Political Science 121, 140 **Other Regionally Accredited College Course: _____ AP/IB _____	Completed	In Progress	Need			
Option 2: Choose ONE course from List A and ONE from List B List A: Political Science 121 List B: Cross Cultural Studies 118, 119, 130, 181; History 109, 118, 119, 131, 181 **Other Regionally Accredited College Course: _____ AP/IB _____						
Option 3: Choose ONE course from List A List A: History 115 **Other Regionally Accredited College Course: _____ AP/IB _____						

Met with
Helix
Graduation



**Any
Questions?**