

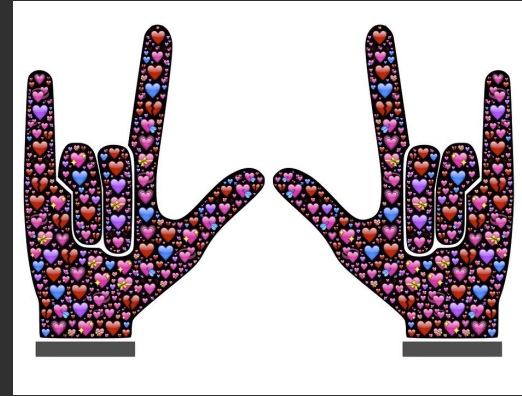
Clubs and ASPIRE Programs

What are you interested in?

Mondays

ASL Club

Learn and discuss ASL and
Deaf culture!



Mondays at lunch in room 440

A.S.P.I.R.E.

- Knit / Crochet/Needle Arts
- Embroidery
- Crewel
- Cross stitching
- Button and Hemming

Focusing on *Knitting and Crochet

crabtree@helixcharter.net



Monday
After school
3:00- 4:30 PM
Library / 300

*Your low-tech portion of the EDGE Maker Lab

Environmental Club



Where: *Room 1860
Science Building, upstairs*

When: *Mondays at Lunch*

Why join: *We all must take care of our “Mother” Earth. Learn Why, help with cleanups, and community service hours.*

Helix Tabletop Gaming Club



Who?

Any Helix student interested in tabletop games such as *Magic: The Gathering* or *Dungeons and Dragons*

Where? Room 465

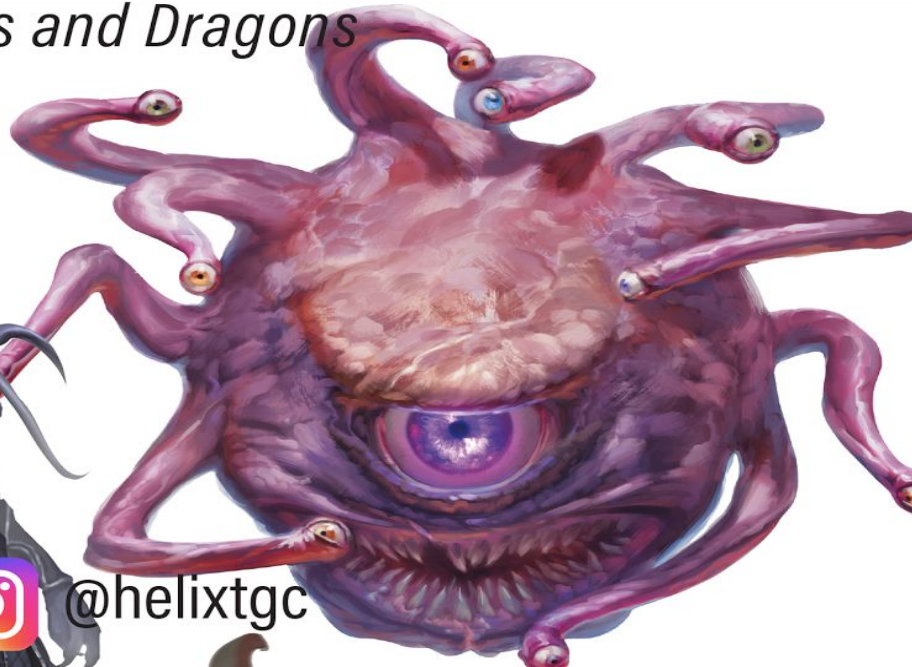
When? Mondays at lunch



/helixtgc



@helixtgc



Military Basics

When: Monday 3-5pm

Where: Room 465 (Starting Q2)

See: Mrs. Meyer

* Interested in a career with the military?

Come hear speakers, learn drills, go on field trips to local bases, and find out all you need to know!



Muslim Club

When: Mondays at lunch

Where: Room 1310

Why join: To provide opportunities to socialize, worship, learn about the Islamic faith, and better our Helix community.

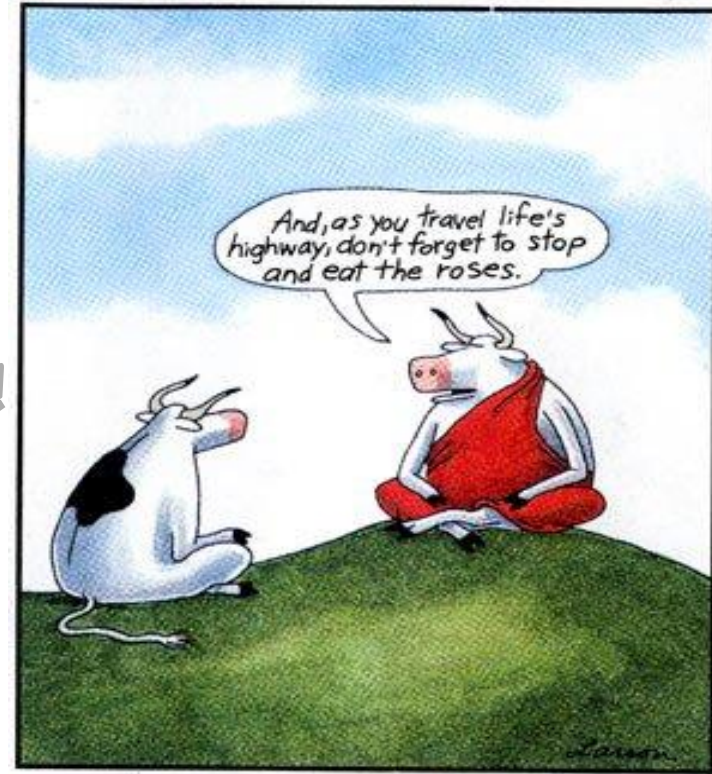
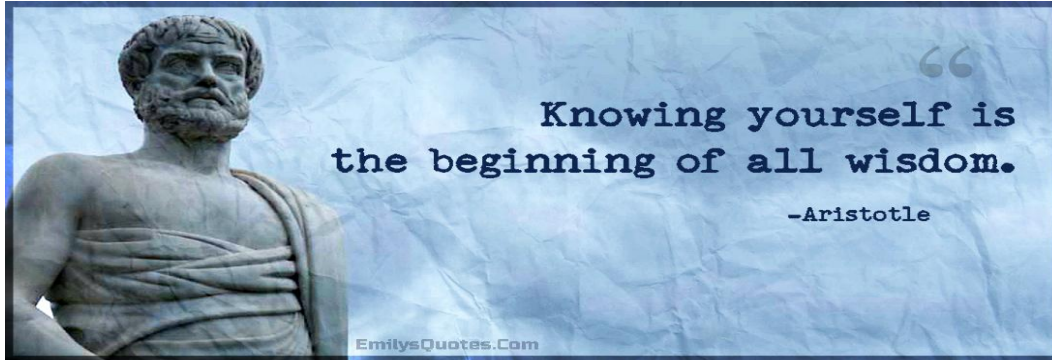


Philosophy Club

When: Mondays at Lunch

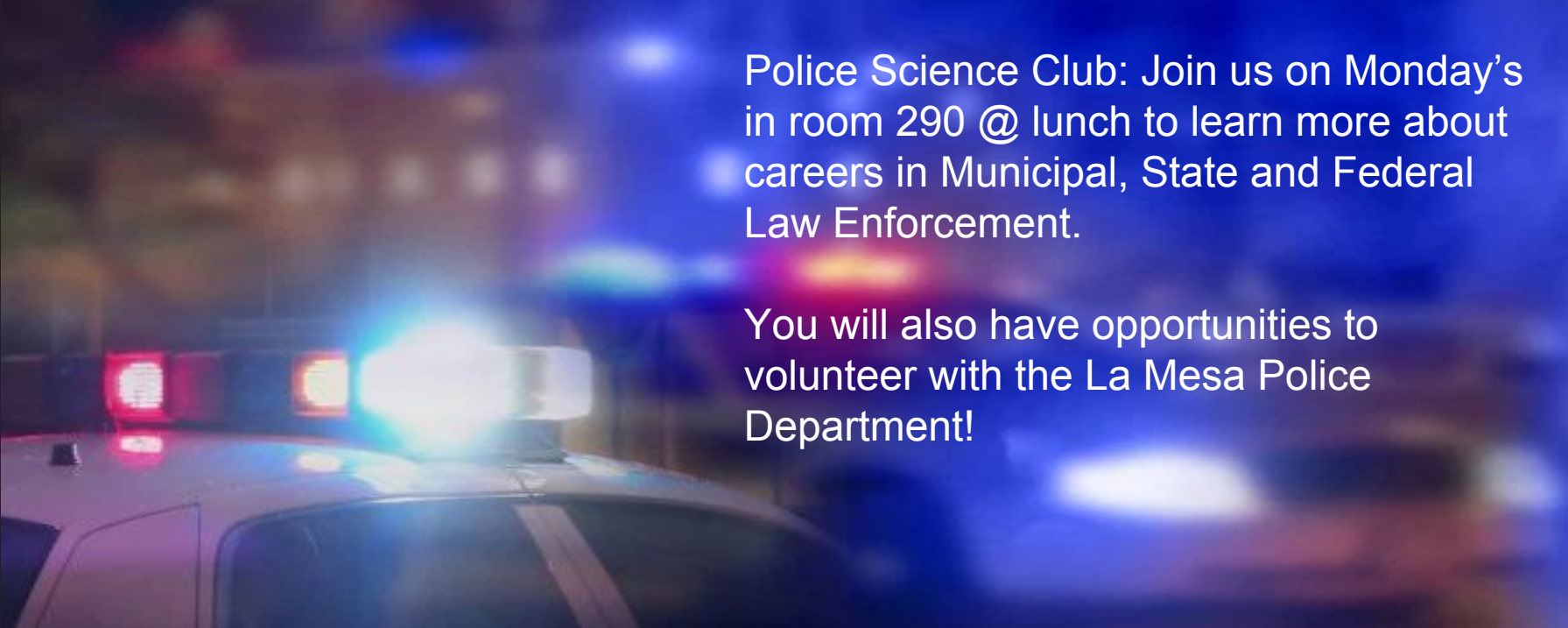
Where: Room 550

Why join: Because sometimes the officers bring treats! Everyone welcome!



Cow philosophy

POLICE SCIENCE CLUB



Police Science Club: Join us on Monday's in room 290 @ lunch to learn more about careers in Municipal, State and Federal Law Enforcement.

You will also have opportunities to volunteer with the La Mesa Police Department!

Yoga



Mondays 3:15-4:15pm

Where: New Fitness Room (1120)

Wear workout clothes, mats are provided (although I suggest bringing a beach towel to cover the mat.)

Tuesdays



ACE: Architecture, Construction and Engineering



When: Tuesdays 3-5

Where: 1170 (near weight room and football field)

Why join: **SCHOLARSHIPS!**
Mentorships!! Internships!!
Hands on real world experience!! Field Trips!!

www.acementor.org

Email bullock@helixcharter.net for more info



AMP Club

(Aspiring Medical Professionals)



Where: In room 1830

When: Tuesdays at lunch

Why join: Interested in the medical field? Join AMP where we talk about different occupations in the medical field, practice medical skills and have guest speakers!

ASPIRE

Creative Writing

Every Tuesday 2:45 to 4:45 Room 1360

A safe place to write and workshop

- No experience necessary

Instruction, writing, and workshopping
(many valuable opportunities planned, including
networking and publishing)



Come Explore the World
of Teaching

When: Tuesday at Lunch

Where: Room 80

**Why join? This is the place to be
for aspiring educators. Gain
tutoring skills and experience
that can land you a great job in
college!**

Harry Potter Club

Where: Library

When: Tues @ Lunch

Why join: Make a wand,
demonstrate your
wizarding knowledge,
attend a Yule Ball, and be
sorted once and for all!



Helix Sports Network (HSN)

We are the student spirit section at sporting events, think “The Show” at SDSU

We collaborate with ASB to create a fun and spirited student section and support as many sports as possible

Meetings are Tuesdays at lunch in room 1300

Be a part of the fun and represent Helix!



HIGH SCHOOL DEMOCRATS *of* AMERICA

Tuesdays @ Lunch in Room 1310

We will have club meetings, bring in candidates and elected officials, and involve ourselves in campaigns in order to improve our communities.



Math Club

When: Tuesdays at Lunch

Where: Room 330

Why join: Solve fun, challenging math problems with like-minded students

S2S



A Military Child Education Coalition® Initiative

Where: Wellness Center

When: Tuesdays @ Lunch

Why join: Have fun & help new students find their way and connect to Helix because “Once a Scottie, always a Scottie”

Wednesdays

change^{to}helix

room 1310 | wednesdays | 3-4

- help helix reach its potential ●
- learn the ins and outs of charter schools ●
- learn how to make change on the campus ●



Club College

For assistance with the
college enrollment process

When: Wednesdays

3:00pm-6:30pm

Where: Room 1600

Bring your chromebooks!



CONSPIRACY THEORY CLUB

Do you love conspiracy theories and want to discover more about the unknown world we live in? Come to conspiracy theory club and learn about the secrets hidden all around us.

**MATTRESS
FIRM**

**Wednesdays at Lunch
Room 110**



Jesus Club



Where: rm 1610

When: Wednesdays @ lunch

About the Club: Come try and stump the pastor, discuss controversial topics, become connected with different youth groups around San Diego County. Join us for pizza, games, prizes, potlucks, and more!

MEChA



When: Wednesdays @ lunch

Where: Room 400

Why join: Want to learn more about Latino culture? Want to play loteria and other classic games during lunch? Want community service hours? Interested in going to college conferences and other fun places? Looking to make new friends? **MEChA** welcomes you!

Sports Talk

When: Wednesdays at Lunch

Where: Room 550

Why join: If you love to talk smack about sports, stop by.

Everyone welcome!



Thursdays

Art Club

When: Lunch, Thursdays

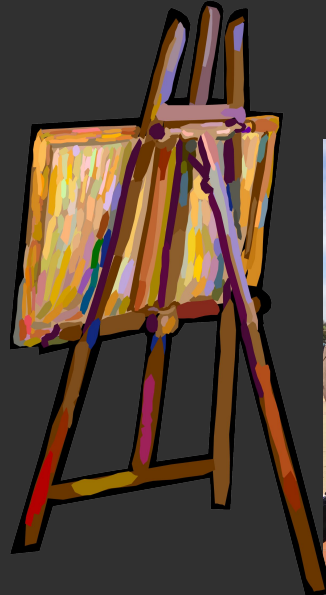
Where: Room 1080 *Art Room*

Why join? Cause you love ART!!!!
We promote art at Helix and beyond.
Learn, Share, and Make the World a
more Exciting Place!

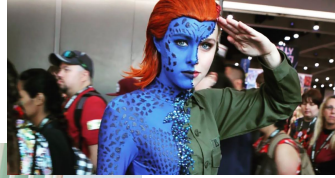


***Community Service hours**

Questions: colera@helixcharter.net



Cosplay Club



Where: Room 1170 (near weight room and football field)

When: Thursdays 3-4pm

Why join: Learn about sfx makeup, costume design, sewing, wig styling, and create an awesome costume!





GRIDIRON MINISTRIES



We Disciple...

We Educate...

We Train...

All Sports Club

When: Thursdays @ LUNCH

Where: Excel Building

Who: All are Welcome

Why: Because Jesus loves YOU

Athletes for Christ!!



Helix Drama Club | The Highland Players

- **Thursdays at lunch--Black Box Theater (Room 910)**
- Group Excursions to see Live Theater
- A friendly, welcoming lunch environment with Improv and Theater games
- Support for the 3 main shows each year--including information on crewing shows
- Coffee Break--A club produced variety show that happens twice a year



Helix Helping Hands Club

Hey Scotties!

DO YOU NEED COMMUNITY SERVICE HOURS?

Come join us every Thursday

3:00pm - 5:00pm

Room: 535



Interact Club



When: Thursdays @ lunch

Where: Room 202

**Why join: We have a few
volunteer events a month.**

Everyone needs community

service to graduate, so come have fun and help the community with us :)



crabtree@helixcharter.net



Knit Club



- ❖ When: Lunch, Thursday
- ❖ Where: Room 350 *EDGE* Lab
- Knit / Crochet / needle arts
- ❖ Gifts for your family, you, or your best buddy.
- ❖ Yarn bomb!
- ❖ Charity + Community Service Hours

Bring your lunch & a friend

All individuals welcome!!!!

SMASH/Gaming Club

Do you like video games? Do you like competition?
Do you want to compete to win **scholarship money**?

WHEN: Thursdays 3pm – 5pm

WHERE: Room 1605

WHY: Turn your hobby into
scholarship money & compete with
friends!

*eSports league games are played at home on
various days



gianas@helixcharter.net

Student Empowerment (SEMP)

When: Thursdays 7:11-7:41am

Where: Room 1310

Why join: Make a difference by planning, organizing, and coordinating our after school programming, Aspire.

Fridays

Black Student Union



When: Fridays at lunch

Where: 150

**Why join? To discuss
current issues and
promote scholarship**



Debate Club

Where: Room 910
(Black Box Theater)

When: Fridays @ Lunch

Why join: To improve
argumentative skills and
learn about the world of
competitive debate.

GSA (Gender Sexuality Awareness)

When: Fridays at Lunch

Where: 160

Why join? LGBTQI+ and straight students come together to support each other, provide a safe place to socialize, and create a platform to fight for racial, gender, LGBTQ, and economic justice.



Letter Society

A letter writing club.

Every other Friday at lunch,

Rm 530

THIS FRIDAY!





Where: Room 1860, Science building upstairs.

When: Fridays 3-5 pm

Why join: If you like competition and STEM related activities come join and help us continuing our success in San Diego County.

NAMI CLUB



Where: Wellness Center-
2100

When: Fridays at lunch

Why join: You will help
increase mental health
awareness and learn how
to advocate for others.

N.H.S. National Honor Society

Fridays @ Lunch in Room 1330

Open to Sophomores, Juniors,
Seniors with a 3.5 Unweighted
GPA or higher and Teacher
Recommendation!

Academic and Service Oriented
activities and events!



CHARACTER • SCHOLARSHIP • LEADERSHIP • SERVICE

SADD

(Students Against
Destructive Decisions)



Where: Room 260

When: Fridays at lunch

Why join: Learn how to be
a leader in promoting
positive lifestyles and
decision making!



When: every “Force” Friday at
lunch

Where: Room 100

This *is* the club you
are looking for!



TAP CLUB



Where: Rm 700

When: Fridays @ Lunch

Why join: Tap Club performs at numerous events both on and off campus throughout the year, including our annual Tap Show (May 25th, 2019).

All are welcome, regardless of experience, rhythmic ability or dance ability. We are a family that accepts whoever joins!

Multiple Days

ASPIRE: Reading and Writing Lab

READING
WRITING



Where: Library

When: Wednesday &
Thursday 3PM-5PM

Why join: A quiet space to read and write, get support on English related assignments, make up timed writings, and work with Helix English teachers.

ASPIRE



SWIM TEAM

Where: The Pool

When: Mondays & Thursdays
6:00-7:30 am

Why join:

Get ready for swim & water polo
seasons!

OR

Try a new sport!

(All ability levels welcome)

Aspire Tap

When: mon-fri, 3- 5:30PM

Where: Rm 700 (wrestling room)

Why join: You can attend for as little or as long as you want, any day. Everyone is welcome to come learn tap dance. 99% of those who attend come with zero tap experience. Tap is rhythmic, musical and physical and each tapper gets individualized attention so you learn at YOUR pace. You will also make a lot of friends guaranteed!



ASPIRE Water Polo



Where: The Pool

When: Tuesdays &
Wednesdays 6:00-8:00 am

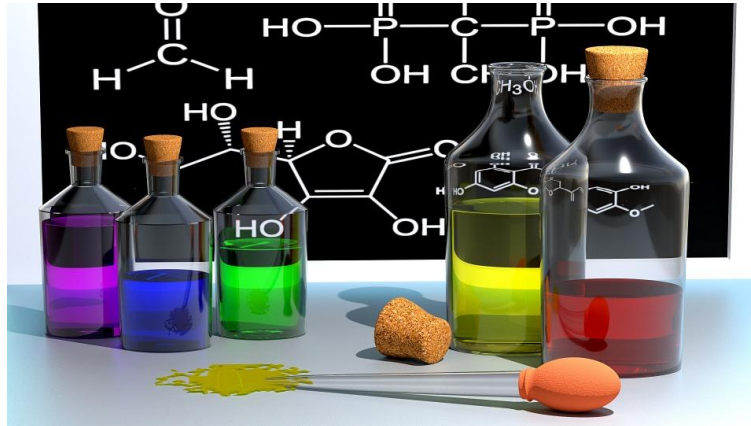
Why join: Get ready for
water polo season! Try a
new sport!

Chemistry Tutorial

When: Monday and Friday 3pm-4:30pm

Where: Room 1840

Why join: Get some help on your homework, concepts, labs





CULINARY BAKING CLUB

Monday & Thursday 3-430 Room 500

Each week first 32 kids in the door!!!

Dance

Where: Dance Room, 915

When: Audition Announcements throughout School Year

Website: www.helixdancers.weebly.com

Contact: Mrs. Pipes, pipes@helixcharter.net



Here's why you should take dance!!! ==>



EDGE Maker Lab



Where: Library (Room 350)

When: Tues - Thurs 3-5

Why join: Learn 3D printing, programming, robotics, t-shirt design, Arduino, sticker design, and more. Come make something amazing!



F.L.Y

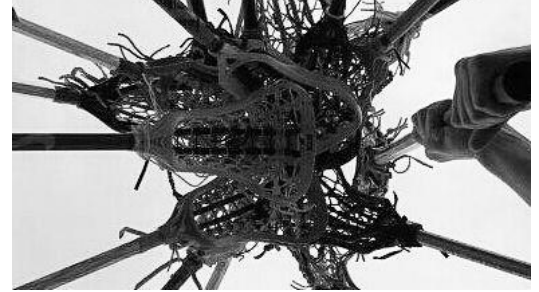
FIRST GENERATION.LOW-INCOME.YOUTH

**AN ORGANIZATION FOR COLLEGE BOUND
STUDENTS TO SUPPORT THEIR GOALS**

**MEETING DAYS AND TIMES:
ONCE A MONTH @ LUNCH IN ROOM 180
ACTUALLY DATE TO BE DETERMINED**

Helix Girl's ASPIRE

Lacrosse



Where: Meet in room 290

When: Every Tuesday 3:00-5:00 & Thursday from 3:30-5:00.

No experience needed!
Sticks, goggles, and balls are provided.
Come and have fun!

PEER TUTORING WITH THE SUPER SCOTTIES



When: Periods 1, 2, and 3

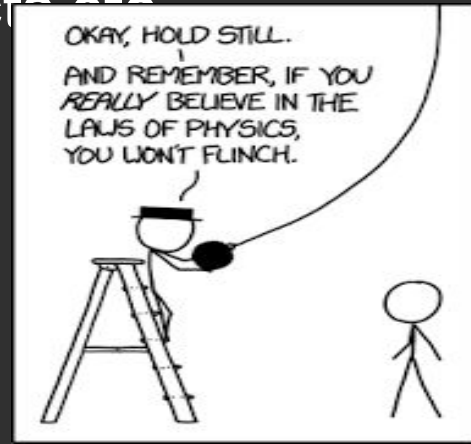
Where: Room 580 -Mrs. Fleming

Why join: Peer Tutoring with the Super Scotties gives you an opportunity meet students with severe disabilities and build relationships through working together.
*Community Service hours are given for your time spent volunteering.
Training is required- see your counselor for details



<https://sites.google.com/helixcharter.net/superscotties/home>

Why join: Get help with class assignments, Labs and any other Science related Projects etc



Softball Aspire

When: Tuesday,
Wednesday and Thursday
from 3:15-4:30

Where: Varsity Softball
Field

Why join: Improve your
softball skills and fitness
level



Weight Training

Monday through Thursday

3:00pm - 5:00pm

Room: Weight Room

