

WEDNESDAY, NOVEMBER 14,, 2018

TODAY'S ACTIVITIES:

As a thank you to the brave men and women who serve our country, we want to send**25,000 thank you letters** from San Diego (that's YOU) to our troops! This Holiday Season, over 170,000 men and women in the U.S. military will be deployed overseas. That's 170,000 families that won't get to share turkey, exchange gifts, and spend time together.

Take a few minutes to do one of the following:

- write an e-mail (TEACHERS PLEASE PRINT)
- **write a handwritten thank you letter**
- Submit all letters to Mrs. Street's office or deliver to her mailbox. Letters need to be in no later than Friday.

What should I write?

Anything! There's no wrong answer for your thank you note. Here are some ideas to get you started:

- Start with "Dear Service Person", "Dear Patriot", "Dear Brave One", or your own greeting. Avoid "Dear Soldier", "Dear Marine" or "Dear Sailor" as these are specific military branches, and we cannot guarantee that your letter will be going to that service.
- Say thank you for their service, dedication, sacrifice, hard work and time away from home.
- How does their service affect your life? (Keeping your family safe, provides protection for our country, gives you the ability to spend the holidays safely with your family.)
- Write about yourself. We've heard from service persons who say that hearing a little about who they are serving helps put into perspective the importance of their service.
- Avoid any political commentary.
- Feel free to include your e-mail address if you would like to hear back from your service person.
- Kids can draw a picture!

Feel free to download one of our templates to get started!

- [Kids letter](#)
- [8.5 x 11](#)

- [Blank/No rule](#)

Be sure to follow these rules:

- 8.5 x 11 or smaller.
- No photocopies.
- Be positive. Be kind and uplifting.
- No glitters.
- No envelopes.
- unfolded.
- Handwritten letters only, no store-bought cards.
- Do not attach food.
- If submitting multiple letters, please specify how many letters you are submitting.

REMINDERS

• HELIX FAMILY FIRST EVENT

- [AFRICAN IMMIGRANT MENTAL HEALTH AWARENESS & COMMUNITY FORUM](#)
 - Thursday, 11/15/18 at 6:00pm in Room 1600 (ExL).
 - Come learn about this topic & community resources.
 - Some translation will be available.

• THANKSGIVING BREAK

- No school next week, Monday, 11/19/18 - Friday, 11/23/18
- Be safe & enjoy your break!
- Breaks are a great opportunity to complete your community service hours.

• ASPIRE MINI SESSIONS - THANKSGIVING BREAK OPPORTUNITIES

- Monday, 11/19/18 & Tuesday, 11/20/18
- Sessions Available:

<ul style="list-style-type: none"> ■ Introduction to Archery (Requires Field Trip Permit) ■ Crazy Invent Competition ■ Woodburning 	<ul style="list-style-type: none"> ■ Skate/Bicycle Camp (Requires Field Trip Permit) ■ Knitting/Crafting ■ Gaming Tournament
---	---
- For more information or to sign up, see Ms. Huy in Room 1420 or send her an email to huy@helixcharter.net

• COMMUNITY SERVICE OPPORTUNITIES

- CITY OF LEMON GROVE
 - [21st Annual Community Bonfire](#) Friday, 12/7/18

- 3:00pm - 8:00pm @ Civic Center Park, 3200 Main St., Lemon Grove
- During this event, student volunteers will help with:
 - Games
 - Picking up Trash
 - Arts & Crafts
 - Dressing up as Costume Characters
 - Line Control
 - Passing out Hot Chocolate & Cookies
- **Turkey Camp & Winter Camp** 6:30am - 6:00pm
 - Multiple Dates:
 - November 19th, 20th, 21st & 23rd
 - December 26th, 27th, 28th & 31st
 - January 2nd, 3rd, 4th & 7th
 - During camp, student volunteers will help:
 - Organize Arts & Crafts
 - Play Games
 - Have Fun with Camp Kids
 - Organize Sports
- For more information regarding these 2 opportunities, please contact Mrs. Monica Gonzalez, Community Services Assistant at 619-825-3815 or mgonzalez@lemongrove.ca.gov
- If interested in volunteering for these events, please fill out & submit the [Volunteer Registration Form](#) to Mrs. Monica Gonzalez @ mgonzalez@lemongrove.ca.gov

ATHLETIC EVENTS

- **BOYS BASKETBALL**
 - **Varsity**
 - Thursday, 11/15/18 vs St Augustine High School TBD
 - Friday, 11/16/18 vs TBA @ TBD
 - Saturday, 11/17/18 vs TBA @ TBD
- **GIRLS WATER POLO**
 - **Novice** - Wednesday, 11/14/18 vs Fallbrook High School @ 6:30pm
 - **JV** - Wednesday, 11/14/18 vs Fallbrook High School @ 4:30pm
 - **Varsity**
 - Wednesday, 11/14/18 vs Fallbrook High School @ 5:30pm
 - Saturday, 11/17/18 @ Draz Classic Scrimmage @ TBD
- **FOOTBALL**
 - **Varsity** - CIF Division I Semifinals
 - Friday, 11/16/18 @ Eastlake High School @ 7:00pm

- Gates will open at 6:00pm
- ***Ticket Prices - ASB CARDS WILL NOT BE ACCEPTED***
 - \$10 for:
 - Adults
 - \$7 for:
 - High School Students with Current High School ID Card
 - Ages 6 - Middle School
 - Senior Citizens (Ages 60 & Older)
 - FREE for:
 - Children Ages 5 & Under
- ***FOOD OPTIONS:***
 - Rodeos will be selling Tacos
 - Chik-Fil-A
 - Waffle Truck
- ***PROHIBITED ITEMS:***
 - Backpacks will be checked
 - NO Skateboards
 - NO Scooters
 - NO Bikes
 - NO Beach Balls
 - NO Dogs
 - NO Flour