

WEDNESDAY, NOVEMBER 28, 2018

Announcements: (Activity below)

Fall Semester I Perfect Attendance Certificates: Please find the fall semester I perfect attendance certificates in your mailbox. Please distribute and congratulate your students. Please return any certificates to my mailbox if students are not present.

Envision 2019: The UC San Diego Student Chapter of the Society of Women Engineers (SWE) would like to encourage female students to register for **Envision 2019**.

Envision is an annual, **FREE** all-day program that educates high school girls about career possibilities in engineering and computer science. We encourage all families to attend; parent sign ups are included in the student sign ups.

Envision will be held on **Saturday, February 2nd 2019**, 8:00 am to 4:30 pm.
Sign-ups are open now!

Sign-ups are available at:

<https://docs.google.com/forms/d/e/1FAIpQLSfdOJKavlnjO8zmxVlnPliiyRznlutC3guC2xpOH0giBS8loA/viewform>

There is no admission fee for Envision and there are explicit directions on the website to help guide the registration process. Free continental breakfast and lunch will be provided.

Attached are the waivers that the participants will need to fill out prior to the event. Also attached is a flyer, which can be used to help advertise the event.

For more information, see our website at:

<http://ucsdenvision.wix.com/envision>

SHPE Empower High School Conference

Society of Hispanic Professional Engineers at UC San Diego. We will be hosting their 9th annual **SHPE Empower High School Conference** on **Saturday, April 20th** from **8:00 am - 4:00 pm**. This is an outreach effort dedicated to inspiring high school students to follow a career in the STEM field. This event is **FREE** for students in grades 9-12, all we ask is that they register on our website (<http://shpe.ucsd.edu/empower/>) come February when registration opens.

Students who attend the conference will have the opportunity to work in teams on hands-on activities and workshops, network with UCSD students and faculty, and learn about the many opportunities that a degree in STEM can lead them to. They will also be given food and a free t-shirt!

APSA High School Conference

High School Conference set on Saturday, February 2nd, 2019. The conference is a free, full day event beginning at 9:00 AM and ending at 9:00 PM; lunch and dinner will be provided. Our conference will revolve around the presentation of Educational, Cultural, Political and Leadership workshops, with the addition of an Educational Opportunity Program (EOP) presentations and an SDSU Admissions workshop. The theme for this year's High School Conference is: "Oh, The Places You'll Go." and there will also be a talent show in which students can express themselves through dance, song, or poetry.

Learn more about APSA, visit our website at www.apsasdsu.org.

If you would like to audition to participate in the talent show, use the following form to sign up: [SDSU VSAPSA HSC Talent Show Auditions 2019](#).

Activity:

Please review today's activity prior to your advisory period. There are a few questions below the activity that can be used to ask your class, as well as some videos below that you can use before going over the activity. I've added the times for each video, please feel free to use whichever you feel would work best for your class.

Please take as much time to go over today's activity as we've seen a rise in disrespectful behaviors towards each other.

HOW TO TREAT OTHERS WITH RESPECT

Treating people with respect makes your world a nicer place to live in, whether it's at home, at school, or out in your community. And it's easy - all you have to do is treat people the way you like to have them treat you. Here are a few ideas.

- Don't insult people or make fun of them.
- Listen to others when they speak.
- Value other people's opinions.
- Be considerate of people's likes and dislikes.
- Don't mock or tease people.
- Don't talk about people behind their backs.
- Be sensitive to other people's feelings.
- Don't pressure someone to do something he or she doesn't want to do.

We live in a diverse nation made up of many different cultures, languages, races, and backgrounds. That kind of variety can make all our lives a lot more fun and interesting, but only if we get along with each other. And to do that we have to respect each other. In addition to the list above, here are some ways we can respect people who are different from us.

- Try to learn something from the other person.
- Never stereotype people.
- Show interest and appreciation for other people's cultures and backgrounds.
- Don't go along with prejudices and racist attitudes.

DISCUSSION QUESTIONS

1. Agree or disagree: It's okay to insult or make fun of people as long as they don't hear it.
2. What are some common signs of disrespect that you see in people here at school? How do you feel about that?
3. What do you dislike most about the way people treat each other here at school? What do you like the most? Why do you feel that way?
4. Are there a lot of put-downs here at school? Are put-downs a sign of disrespect? How, in what way?
5. Is there a difference between a put-down and an insult? What's the difference?
6. Do you have to like a person in order to be respectful, or can you be respectful to someone even if you don't particularly care for him or her?
7. When you're with a group of kids, what things might other people do or say that make you feel good? What things make you feel bad?
8. Do you think there is racism here at school? How is it expressed? How does that make you feel?
9. Have you, personally, ever experienced racism or some other type of prejudice? What happened? How did it make you feel?
10. Do the kids in your school tend to stay within their own racial and ethnic groups, or do they mix. Why do you think that happens here?
11. Several of the kids in the video commented that they feel pressure to stay with their own kind rather than mixing. Do you find the same pressures here at your school?
12. Do you think people are afraid of differences sometimes? Can you give some examples? Why do you think that's true?
13. Is it harder to respect someone who is very different from us? Why?
14. What are the benefits of having friends who are different from us?
15. Have you ever learned something new about a different culture from a friend?
16. How well do you kids know each other? What things stand in the way of getting to know people better?
17. What responsibilities do you feel you have toward your classmates?
18. Is it ever okay to treat another person with disrespect?
19. What are the benefits of treating people with respect?
20. The kids in this video said they think everybody is entitled to be treated with respect. Do you agree?
21. What was most meaningful to you in this video?

22. Did anybody in this video say anything you disagree with? What would you say to that person?

VIDEOS

[RESPECT - HS Students](#) 3:37

[What does RESPECT mean to you?](#) 9:45

[Be KIND](#) 5:38

[Expect Respect](#) 3:40

[Kid President Video](#) 3:32