

WEDNESDAY, JANUARY 16, 2019

### ACTIVITY

Please take the time to review our 4 year plan samples with your students. All HF students have participated in our Course Request presentations yesterday and Today (except pd 3 and 4 today) and will need to complete their 4 year plan. If students have not been a part of our presentations please just review the sample 4 year plans below. Do NOT let them create a 4 year plan without being a part of our presentations.

- 4 YEAR PLAN/Course Request-Due January 18th
  - Please view the sample 4 year plans if you have any questions
  - Remember to share it to [4yearplan22@helixcharter.net](mailto:4yearplan22@helixcharter.net)
  - DO NOT SHARE IT WITH Mr. Gonzalez, Ms. Meza, or Mrs. Street's email
  - Only submit a course request if you have completed your 4 year plan and have discussed the choices with your parent/guardian
  - Don't forget this is a HF graded assignment.
  - When selecting your courses, don't forget about our CTE/Career Path options

### SAMPLE 4 YEAR PLANS

[College Prep 4 Year Plan Sample](#)

[AP 4 Year Plan Sample](#)

[ESS 4 Year Plan Sample \(English/Social Science focus\)](#)

[MS 4 Year Plan Sample \(Math/Science Focus\)](#)

[Early College 4 Year Plan Sample](#)

### REMINDERS

- UPDATED BELL SCHEDULE - ALTERED TUTORIALS
  - Science Tutorial is now on Tuesday morning
  - Performing Arts Tutorial is now on Tuesday morning
  - Social Science Tutorial is now on Wednesday morning
  - Business Tutorial is now on Wednesday morning
- CLASS OF 2023 INFORMATION NIGHTS
  - If you have a sibling who will be entering Helix next school year, 2019-2020, as a 9th Grader, your family MUST attend an Information Night to submit the Intent to Enroll Form.
  - See Link above for the date of all the Information Nights.
- NO SCHOOL - MONDAY, 1/21/19
  - No School - Martin Luther King Day

- BACK TO SCHOOL NIGHT
  - Thursday, 1/24/19
- PARENT SHADOW DAY
  - Wednesday, 1/30/19
- WINTER FORMAL - SATURDAY, 1/26/19
  - 7pm - 11pm @ the San Diego Natural History Museum
  - Ticket Prices:
    - \$30 until Friday, 12/21/18
    - \$35 after Friday, 12/21/18
  - In order to attend the dance, you must get cleared.
    - If you purchased your ticket through the Spirit Pack, you still must go through the Clearance process.

## ATHLETIC EVENTS

- BOYS BASKETBALL
  - *Frosh* - Tuesday, 1/15/19 @ Santana High School @ 7:30pm
  - *Varsity* - Tuesday, 1/15/19 @ Steele Canyon High School @ 6:00pm
- BOYS SOCCER
  - *JV*
    - Wednesday, 1/16/19 vs Valhalla High School @ 4:30pm
  - *Varsity*
    - Wednesday, 1/16/19 vs Valhalla High School @ 6:30pm
- GIRLS SOCCER
  - *JV*
    - Wednesday, 1/16/19 vs Valhalla High School @ 4:30pm
  - *Varsity*
    - Wednesday, 1/16/19 vs Valhalla High School @ 6:30pm
- GIRLS WATER POLO
  - *JV*
    - Tuesday, 1/15/19 @ Santana High School @ 4:30pm
  - *Varsity*
    - Tuesday, 1/15/19 @ Santana High School @ 5:30pm
- WRESTLING
  - *Varsity*
    - Wednesday, 1/16/19 @ Steele Canyon High School @ 6:30pm
    - Thursday, 1/24/19 @ Valhalla High School @ 6:30pm