

WEDNESDAY JANUARY 23, 2019

ACTIVITY

All of our freshmen are now MORE aware of our A-G requirements as well as what they need/can take this upcoming school year. I've edited our UC/CSU A-G Requirements worksheet as a fun activity to see how much our students remember from our presentations last week.

Please click on the A-G Requirements link below and have them try to fill in the blanks as a class.

[A-G REQUIREMENTS LINK](#)

REMINDERS

- [CLASS OF 2023 INFORMATION NIGHTS](#)
 - If you have a sibling who will be entering Helix next school year, 2019-2020, as a 9th Grader, your family MUST attend an Information Night to submit the Intent to Enroll Form.
 - See Link above for the date of all the Information Nights.
- [BACK TO SCHOOL NIGHT](#)
 - Tomorrow, Thursday, 1/24/19
- [PARENT SHADOW DAY](#)
 - Wednesday, 1/30/19
 - Bell schedule for the day is Reversed.
 - 1st Period starts @ 7:50am. Tutorials start @ 2:03pm.
- [MOCK ACT](#)
 - Saturday, 1/26/19
 - The only way to take this test, is by crashing the morning of.
 - Must arrive at 7:00am, to get in line in front of the 10s Building
 - Must Bring:
 - \$10 Cash to pay for Mock ACT
 - Student ID Card
 - #2 Pencils
 - Calculator
 - Water
 - Snack
- [WINTER FORMAL - SATURDAY, 1/26/19](#)
 - 7pm - 11pm @ the San Diego Natural History Museum
 - Ticket Prices:
 - \$35 after Friday, 12/21/18
 - In order to attend the dance, you must get cleared.

- If you purchased your ticket through the Spirit Pack, you still must go through the Clearance process.

ATHLETIC EVENTS

● BOYS BASKETBALL

- *Frosh* - Saturday, 1/26/19 @ Clairemont High School @ 2:00pm
- *JV* - Friday, 1/25/19 @ Mount Miguel High School @ 5:30pm
- *Varsity* - Friday, 1/25/19 @ Mount Miguel High School @ 7:00pm

● GIRLS BASKETBALL

- *JV* - Friday, 1/25/19 @ Mount Miguel High School @ 4:00pm
- *Varsity* - Friday, 1/25/19 @ Mount Miguel High School @ 5:30pm

● BOYS SOCCER

- *JV*
 - Wednesday, 1/23/19 vs Granite Hills High School @ 4:30pm
 - Saturday, 1/26/19 vs Chula Vista High School @ 12:00pm
- *Varsity*
 - Wednesday, 1/23/19 vs Granite Hills High School @ 6:30pm
 - Saturday, 1/26/19 vs Chula Vista High School @ 2:00pm

● GIRLS SOCCER

- *Novice* - Saturday, 1/26/19 vs San Diego High School @ 9:00am
- *JV*
 - Wednesday, 1/23/19 @ Granite Hills High School @ 4:30pm
 - Friday, 1/25/19 @ Steele Canyon High School @ 4:30pm
- *Varsity*
 - Wednesday, 1/23/19 @ Granite Hills High School @ 6:30pm
 - Friday, 1/25/19 @ Steele Canyon High School @ 6:30pm

● GIRLS WATER POLO

- *Varsity*
 - Thursday, 1/24/19 @ Varsity SD Open @ TBD
 - Friday, 1/25/19 @ Varsity SD Open @ TBD
 - Saturday, 1/26/19 @ Varsity SD Open @ TBD

● WRESTLING

- *Varsity*
 - Thursday, 1/24/19 @ Valhalla High School @ 6:30pm
 - Friday, 1/25/19 @ Holtville Tournament @ 12:00pm
 - Saturday, 1/26/19 @ Holtville Tournament @ 8:00am

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