

WEDNESDAY JANUARY 23, 2019

ACTIVITY:

- As you prepare for the College Fair let's share what you are working on. Have your teacher share their college story/important facts/fun facts with you.
 - College
 - Important Fact
 - Fun fact/fact that you found interesting

REMINDERS

- Course Requests
 - The GLT is currently meeting with every 9th grade student during their HF or ExL class. When we meet with you does not determine your priority towards your choice in courses. We have 650 students to meet with, don't panic-we will get to all of you.
- CLASS OF 2023 INFORMATION NIGHTS
 - If you have a sibling who will be entering Helix next school year, 2019-2020, as a 9th Grader, your family **MUST** attend an Information Night to submit the Intent to Enroll Form.
- MOCK SAT
 - The last MOCK College Entrance Exam is a
 - **MOCK SAT on Saturday, 4/13/19**
 - Registration & payment is accepted **ONLY** at the Student Store.
 - Registration begins: Monday, 2/25/19
 - Registration closes: Friday, 3/29/19
 - There are **NO REFUNDS** and/or **RE-SCHEDULES** if you are not able to make the Mock Test after you register.
 - If you believe you qualify for a fee waiver, because you qualify for free/reduced meals, please see Ms. Markey or Ms. Villegas to register.

ATHLETIC EVENTS

- BOYS BASKETBALL
 - **Frosh** - Saturday, 2/2/19 @ El Capitan High School @ 2:00pm
 - **Varsity** - Saturday, 2/2/19 @ Montgomery High School @ 7:30pm
- GIRLS BASKETBALL
 - **Varsity** - Saturday, 2/2/19 @ Mater Dei Classic vs Scripps Ranch High School @ 2:00pm
- BOYS SOCCER

- **JV**
 - Wednesday, 1/30/19 @ Grossmont High School @ 4:30pm
 - Friday, 2/1/19 vs Valhalla High School @ 4:30pm
- **Varsity**
 - Wednesday, 1/30/19 @ Grossmont High School @ 6:30pm
 - Friday, 2/1/19 vs Valhalla High School @ 6:30pm
- **GIRLS SOCCER**
 - **Novice** - Saturday, 2/2/19 vs West Hills High School @ 9:00am
 - **JV**
 - Wednesday, 1/30/19 vs Grossmont High School @ 4:30pm
 - Friday, 2/1/19 @ Valhalla High School @ 4:30pm
 - **Varsity**
 - Wednesday, 1/30/19 vs Grossmont High School @ 6:30pm
 - Friday, 2/1/19 @ Valhalla High School @ 6:30pm
- **GIRLS WATER POLO**
 - **Novice**
 - Wednesday, 1/30/19 @ Rancho Bernardo High School @ 5:30pm
 - Thursday, 1/31/19 vs Grossmont High School @ 6:30pm
 - **JV**
 - Wednesday, 1/30/19 @ Rancho Bernardo High School @ 3:30pm
 - Thursday, 1/31/19 vs Grossmont High School @ 4:30pm
 - **Varsity**
 - Wednesday, 1/30/19 @ Rancho Bernardo High School @ 4:30pm
 - Thursday, 1/31/19 vs Grossmont High School @ 5:30pm
- **WRESTLING**
 - **Varsity** - Thursday, 1/31/19 @ West Hills High School @ 6:30pm